**HIGHER SPECIALTY TRAINEE JOB DESCRIPTION**

**Job Title:**

ST4 – ST6 – General Adult Psychiatry Community

**Educational / Clinical Supervisor:**

Dr Shivaram Chikkatagaiah Consultant Psychiatrist and Clinical Lead for Swale CMHT.

**Base:**

Swale Community Mental Health Team

Sittingbourne Memorial Hospital, Bell road, Sittingbourne, Kent, ME10 4DT

**Hours of Work:**

40 hours a week, Monday to Friday, plus on-call rota commitments

**On-Call Responsibility:**

Middle tier On-Call Rota (Medway)

**Job Outline:**

This is a Higher Speciality Trainee post in a community setting based at Swale Community Mental Health Team in Sittingbourne where the post holder will provide psychiatric healthcare input in the community to patients aged 18 – 65 with severe and enduring mental illness, with recovery being the main focus.

* The main role and responsibilities of the ST4-6 / Higher Specialist Trainee (Higher Trainee) will be as an active member of Swale Community Mental Health Team which serves the Sittingbourne and Isle of Sheppey area.
* It is expected that the Higher Trainee would provide a vital role in the psychiatric assessment and management of the patients referred to the team and will support the other members of the Multidisciplinary Team.
* The clinical work entails weekly (about 3) Out-Patient Clinics for both new and follow up patients, urgent assessments either at base or in the community, providing assistance for routine and urgent, including MHA related work.
* The team members take an active role in liaison with the Trust’s Acute and other Community services and there is a great emphasis on proactive engagement with the Primary Care / GPs in the area.
* The Higher Trainee doctor also attends the daily Red Board meetings, the weekly MDT – Multi-Disciplinary Team meeting with Psychology, the weekly Business meetings, Referrals and Assessment Feedback meetings and the monthly Risk Forum for complex case discussions.
* The Higher Trainee is also expected to provide support for any junior doctors or medical students based with the team.
* The trainee will be based in Sittingbourne Memorial Hospital where office space (or hot desking), IT and administrative support and admin services are provided.
* There is no routine ward work associated with this post, but if the trainee was interested this could be looked into by liaising with our Acute Service colleagues at different sites in Hospital mainly Priority house (Maidstone), Littlebrook hospitals (Dartford) and St Martins Hospitals (Canterbury).

***Academic Activities:***

* The Higher Trainee will be expected to take an active part in the weekly in-house academic activities (case presentations, journal clubs, and teaching sessions) and junior doctors induction programme.
* There is also an additional opportunity for providing regular and formal teaching to medical student(s) as well as Overseas Medical students.
* It is expected that the trainee will lead on a clinical audit project and be actively involved in management and service development.
* There is also the opportunity to get involved in medical education management/research.
* There would be more opportunities for teaching as the Kent and Medway Medical School opens in 2020.

***Supervision:***

* *Clinical Supervision*: 1 hour dedicated weekly as part of your training requirement.

Ad hoc clinical supervision is available daily from myself or the other consultants in the team.

**Objectives of Placements:**

* Further development of Core Skills to a higher level and, as an expert, serving as teacher and role model.
* To further develop skills in assessment, diagnosis and management of functional and organic psychiatric conditions.
* To enhance skills in cognitive examination.
* To develop knowledge of the common and rare mental disorders including aetiology, assessment, investigation, biological treatments, psycho-social interventions and risk assessment and management.
* To develop knowledge and skills in regard to the assessment of mental capacity and the Mental Capacity: Experience in assessment, formulation and diagnosis in common and complex secondary care community mental health presentations; routine and urgent.
* Experience in providing bio-psycho-social management (as sole clinician under statement of care, or as part of a team in CPAs), with emphasis on prescribing and liaison with community and liaison colleagues.
* Risk assessment, including taking calculated, positive risks in an out-patient unit.
* To conduct one clinically relevant audit and supervise other trainees with audit.
* Other objectives / training needs may be incorporated into the job plan, according to the individual.
* Experience management opportunities.

**Education and Training:**

* Individual supervision will be provided by the approved Clinical Supervisor who will provide clinical supervision for one hour every week. Ad hoc supervision about clinical matters will happen outside of this, for instance discussing a patient, but is not a substitute for protected teaching time.
* Experience in the assessment clinical management of psychiatric emergencies is provided by on-call commitments.
* The local academic CPD teaching programme for Higher Trainees and Consultants runs on Thursday afternoons and Higher Trainees are encouraged to contribute by chairing trainee journal club and topic presentations and discussions thereafter.
* Higher Trainees are also encouraged to contribute to the induction of Foundation and GP doctors on rotation to Psychiatry, and assist with the training and development of Core trainees.
* Other teaching opportunities include participation in the wider Higher Trainee training programme and team educational activities.
* Higher Trainees are encouraged to attend the Community Recovery Group’s management meetings.
* Higher Trainees are invited to look at a variety of special interest options that are available.
* Higher Trainees are required to complete at least one audit in their area of practice and are encouraged to supervise trainees with audit.
* Study Leave is available within HEKSS Guidelines.

**Research and Quality Improvement:**

Research opportunities are available under the supervision of the Trust’s Medical Lead for Research and Development.

**Emergencies:**

• The higher trainee accepts that he / she will also perform duties in occasional emergencies and unforeseen circumstances at the request of the appropriate consultant in consultation, where practicable, with his colleagues, both senior and junior. Additional commitments are exceptions and juniors should not be required to undertake work of this kind for prolonged periods on a regular basis. The job description includes cover of normal annual and study leave of colleagues for whom the practitioner is expected to deputise during the normal run of his / her duties.

• This proposed timetable is a guide and can be flexible according to trainee’s needs and working arrangements.

**Higher Trainee Timetable (Indicative)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Day | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | 900-9.30  RED board mtg  9.30-10.30  Referral Meeting  10.30-13.30  OPA clinic | Special interest day (negotiable) | 900-9.30  RED board mtg  9.30- 1300  MDT meeting/  Referral Meeting  12-1.00pm  Risk Forum (2nd week) | 900-9.30  RED board mtg  9.30-10.30  Referral Meeting.  10.30- 13.30  OPA clinic | 900-9.30  RED board mtg  9.30-10.30  Referral Meeting  10.30-13.30  OPA clinic |
| PM | Admin work up of all new assessments | Special interest day (negotiable) | 14:00 to 15:00  Urgent assessments  15:00-16:00  ST4-6 supervision. | CPD | 13.30 – 17.00 Admin time. |

**Consultant Timetable**

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| --- | --- | --- | --- | --- | --- |
| Day | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | 900-9.30  RED board mtg  9.30-10.30  Referral Meeting  10.30-1330  4 CAPA slots @ 45 mins each  OR  3 New patient slots (Tele triage). | 900-9.30  RED board mtg  10.00- 14.00  Follow up clinic  5 patients only, no meds review, no new patients  @ 30 mins each  +  1 hr DV (new patient/ follow up). | 900-9.30  RED board mtg  9.30- 1300  MDT meeting/  Referral Meeting  12-1.00pm  Risk Forum (2nd week)  13:00-14:00 urgent r/v ( I will book this myself) | 900-9.30  RED board mtg  SPA (supporting professional activity) This includes teaching and training, management of doctors in training, audit, job planning, appraisal, revalidation, research, contribution to service management and planning & clinical governance activities | 900-9.30  RED board mtg  9.30-10.30  Referral Meeting  10.30-13.30  4 CPA reviews @ 45 mins each  No new patients, only patients who have care coordination. |
| PM | Admin work up of all new assessments | 14:00- 17:00  Travel and Admin work | 14:00 to 15:00  GP Trainee/ CT1-3 Supervision  15:00-16:00  ST 4-6 supervision.    SPA | Consultant CPD  SPA | Medical Lead duties/ admin  Supervision with NMP (monthly) |