

SUNSHINER'S DEMENTIA STORY
Ages 5-7

Aunty Laura and the Lost Bag



Kent and Medway
NHS and Social Care Partnership Trust



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What is Dementia?

Sometimes our brains can get ill. When this happens, the brain struggles to do the jobs it normally does. Everyday tasks might be more difficult for them and they might do or say things that seem strange to us. But they are still the same person.

Can I Catch Dementia?

No, dementia cannot spread so you do not need to worry about “catching” dementia from someone.

What can I do to help?

It is okay if you don't know what to do or say because just being there can help. You could try asking questions about photographs, films, music or memories from the past. Things like hugging, holding hands or sitting together can make people feel special and loved. Or some people enjoy planning an activity to do together!

Story Time...

It was our day to visit Aunty Laura. Mummy and I always visit her.

I love going to her house as she lets me use all the cushions and blankets that are on the sofa to build a den.

Mummy told me Aunty Laura was feeling a little bit different lately. She said Aunty Laura has been losing things and sometimes she feels a little confused.

I was a little worried that Aunty Laura would look different. Mummy said I was not to be worried as Aunty Laura was still herself.

She told me that last week that Aunty Laura had lost her bag and Mummy helped her look for it. They found it in the fridge and they laughed together about it.

Aunty Laura sometimes finds it difficult to plan her day so Mummy also helps her with that.

I asked Mummy if I could help too and she said I already do as Aunty Laura loves it when I visit with Mummy.

Excited to see Aunty Laura, I ran up the path to ring the doorbell. Aunty Laura answered the door and gave me a big smile and a hug.

I ran into the front room and made my den with all the cushions and blankets I could find. Aunty Laura made Mummy a cup of tea and brought me a drink and a biscuit into my den.

Mummy and Aunty Laura chatted for ages, just like normal. Then Aunty Laura sat with me in my den and read me a story, just like we normally do!



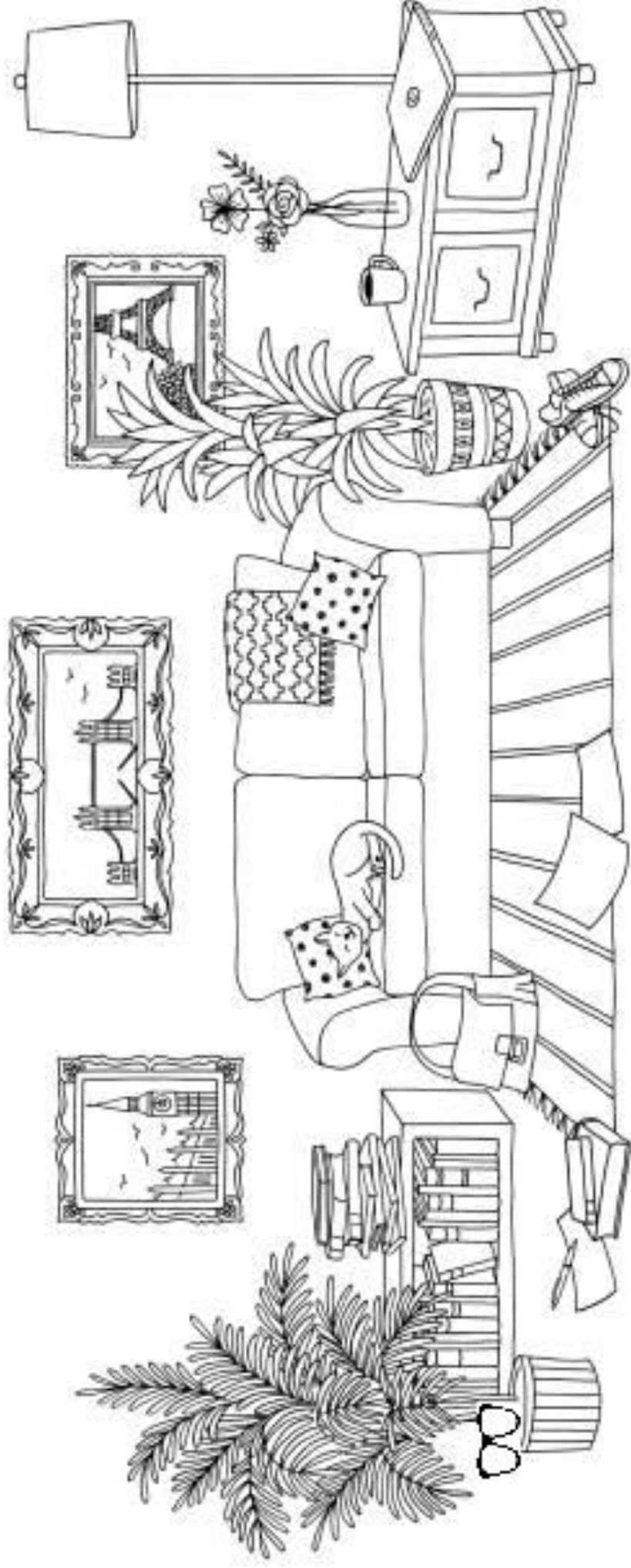
Can you help
Aunty Laura
help find her
bag?

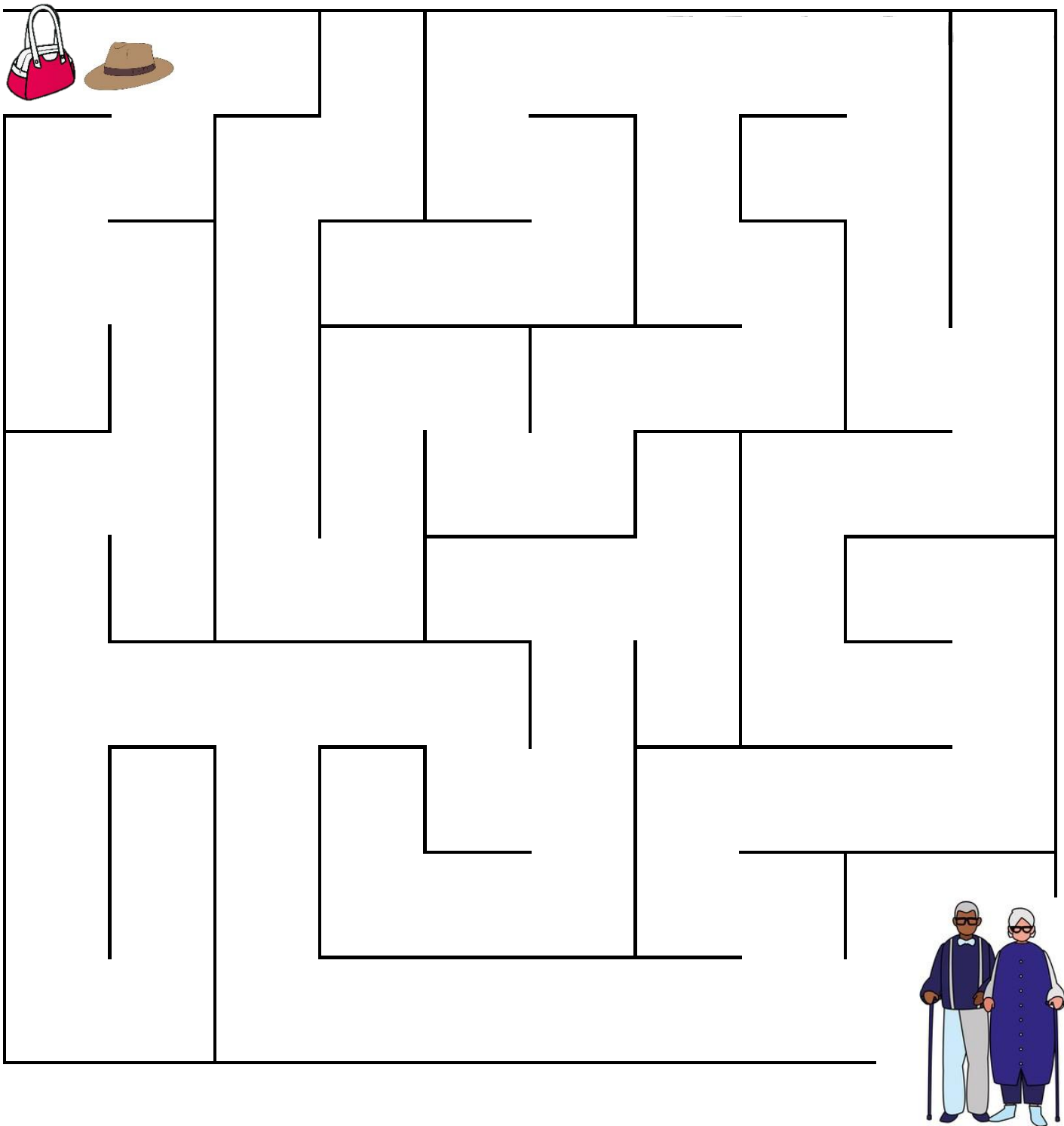


Can you find these 5 items in the living room?

A cat, glasses, trainers, cup of tea and a pen

After you have found these, colour the living room in so it is bright and colourful!





Can you help nanny and granddad find their bag and hat?