



Sheila Stenson

First 100 days



Kent and Medway
NHS and Social Care Partnership Trust

Hello, I am
Sheila Stenson.

It is a great privilege to be leading KMPT at this critical time for health services, and I am hugely excited about working with our patients, our people and our partners to deliver the commitments in our 3-year strategy, and build on the important work of the last few years.

My vision as the guardian of KMPT is to make

every day a better
day for our patients.

Our patients are at the heart of everything we do and so they will drive every decision I make as CEO. Hand in hand with this goes making sure KMPT is a great place to work. We know the NHS faces many challenges now and ahead, so my focus will be on tackling those things that can make the biggest difference to our patients and our staff.

As CEO my 6 priorities will be:

- + Patient flow
- + Access to dementia care
- + Mental Health Together (our community mental health transformation programme)
- + Reducing violence and aggression against staff
- + Recruitment, retention and working differently to address staffing gaps
- + Reshaping KMPT's identity, including our behaviours and values

They bring together many of the objectives in our 3 year strategy and will be my focus for the immediate year ahead.

This document sets out how I plan to engage with you all and gives an overview of my plans for my first 100 days as CEO. I will be an open and transparent leader and plan to be in regular contact through the channels below. Every month I will feedback how work is progressing on our strategic priorities, update on our achievements; and on key decisions agreed at the Trust Board and our Integrated Care Board who hold me and my executive team to account.

I am truly honoured to be KMPT's CEO and look forward to seeing as many of you as possible soon. Please do join one of the events or feel free to send me an email.

Sheila Stenson,
chief executive

How to join the conversation

Speak To Sheila

There are many ways you can speak to me. Staff can join an online drop-in session every month hosted by me as well as email me directly. I'd love to hear your ideas on how we can make every day a better day for our patients and our people. For people outside of KMPT, please visit our website – www.kmpt.nhs.uk/speaktosheila or scan the QR code where you can email me directly. I look forward to hearing from you.



I am always open to new ideas and welcome your feedback on what more you'd like to hear and see from me, so please go to my new section on the intranet and website to send me any ideas you have.

Stop Me and Chat

I want to make sure I cover the length and breadth of KMPT to meet as many people in my new role as possible. If you see me, please stop me and say hello.

Sheila's Inside Scoop

I will send monthly all-staff communications to let you know what I've been doing, share my thoughts and important trust-wide information, and a bi-monthly newsletter to partners and other external colleagues.

Day One

- + Site visit
- + Press release and social media
- + Blog
- + Executive team meeting

First 100 days

Our People

- V Rolling programme of site visits
- V Opening Nursing Away Day
- M Freedom To Speak Up champion
- M KMPT volunteers
- M Service and Clinical Directors and Heads of Nursing
- M Staff networks & Wellbeing champions
- A Relevant team meetings across all directorates and services to understand what is like on the ground for all our staff
- A Graduate event in Rochester

Our Partners

- A South East Mental Health CEO Group regular meetings
- A Kent and Medway System CEO regular meetings
- A South East Senior Leaders regular briefing
- A Stakeholder roundtable
- M Key members of the Kent and Medway Integrated System, NELFT and Sussex Partnership NHS Foundation Trust
- M Council leaders and health leads at county and borough council level
- M Kent Police
- M Police and Crime Commissioner
- M Mind and Mental Health Matters & wider VCSE Alliance partners
- M Health Overview and Scrutiny Committee & Health and Adult Social Care Scrutiny Committee
- M Public Health Directors for Kent and Medway
- M Members of Parliament

Our Patients

- V Rolling programme of site visits
- M Engagement Council
- M Engagement Pool
- M EK360 (Healthwatch & User Voice)
- M Community Champions and Representatives
- M Transforming Neurodiversity Programme Board
- M Trust-Wide Patient and Engagement Group (TWPEG)
- V NHS 111, Kent and Medway, service

Enablers

- V Rolling programme of site visits
- M Weekly Executive Team Meetings
- M Monthly KMPT Board Meetings
- M Kent and Medway NHS Board Meetings
- A Workforce & OD Committee Meeting
- A Relevant team meetings across all directorates and services to understand what is like on the ground for all our staff