

ADMIRAL NURSING

KENT AND MEDWAY ADMIRAL NURSING SERVICES

ADMIRAL NURSES

- **Joseph Levy had dementia and his family first set up the Admiral Nursing service nearly 30 years ago.**
- **The family had needed help and support in caring for Joseph.**
- **Joseph Levy loved sailing and his family nicknamed him ‘Admiral Joe.’**
- **Hence, Admiral Nurses were born!**



ADMIRAL NURSES IN KENT AND MEDWAY



ASHFORD (plus support worker)

CANTERBURY (plus support worker)

DOVER

MAIDSTONE

MEDWAY

SHEPWAY

SWALE

THANET

WHO ARE ADMIRAL NURSES?

- **Specialist Dementia Nurses who are qualified RMN's and**
 - **have had at least three years dementia experience prior to coming into post**
 - **participate in a programme of training and development facilitated by Dementia UK. Attend monthly Practice Development**
 - **work together with families to provide one-to-one support, expert guidance and practical solutions to live more positively with dementia each and every day**
 - **based within mainstream services: NHS, care homes, hospices and hospitals**
 - **work in partnership with those involved in the care of people with dementia (both public sector, health, social care, voluntary sector)**



HOW THE ADMIRAL NURSING SERVICE WORKS

- Admiral Nurses have an open referral system – **self, GP, Social Services, District Nurses, Age UK, family, CMHSOP, Hospitals, Carer Support**
- They do not need to be open to any other service
- PWD living in our area
- Provide interventions from pre-diagnosis, post diagnosis and after person with dementia has died.
- Uncapped caseload
- Often dip ‘in and out’ of family’s care.
- The work is a mix of clinical / consultancy ratio

MODEL OF CARE

- Holding
- Maintaining
- Intensive

REFERRAL CRITERIA

- Person needs diagnosis or suspected diagnosis of dementia
- Carer needs help obtaining or accepting diagnosis
- Carer's own health is being affected as a direct result of caring
- Carer may need help managing conflict between the person with dementia, family and/or professionals
- Declined other services and may need support accepting help or looking at other options
- Needs help understanding/managing challenging or difficult behaviours/situations
- It is the family carer who is out

WHAT DO ADMIRAL NURSES DO?

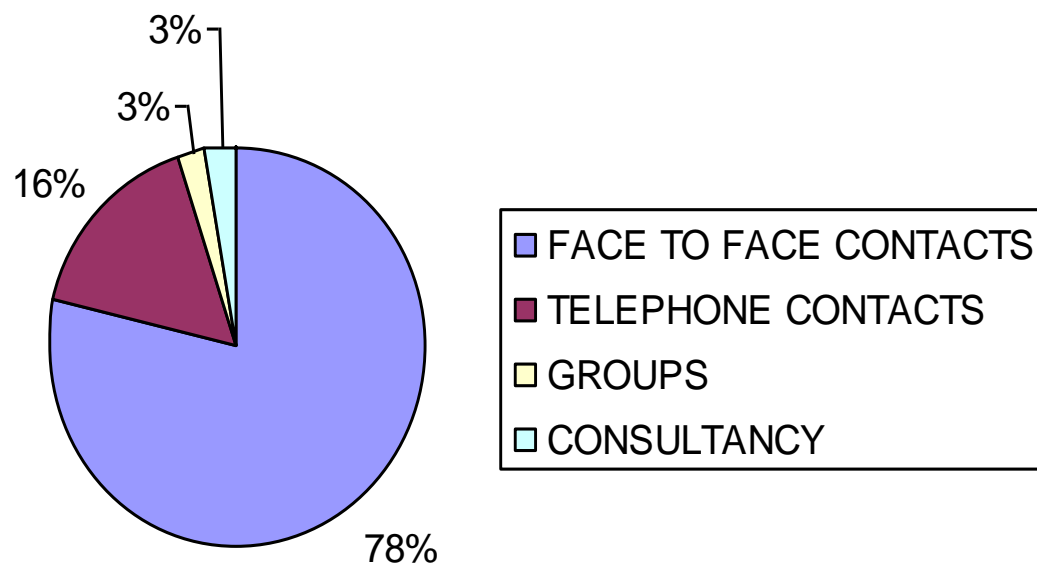
- **Provide a holistic assessment of the family member(s) providing care to the person with dementia (PWD)**
- provision of emotional, psychosocial and educational support.
- provide information about dementia, the diagnosis process, responding to and coping with changing behaviour associated with dementia and the impacts that dementia has on the person and the family
- provide advice on medication and the disease processes
- offer information, skills training and education
- **Educate families to manage unpredictable and challenging behaviours**
- Often a better understanding can reduce the risk of a crisis or carer breakdown.
- May prevent other services being inappropriately accessed if carers have a better understanding of behaviours associated with dementia
- **Provide Health Promotion**
- ensure carers are looking after their own health importance of breaks
tim

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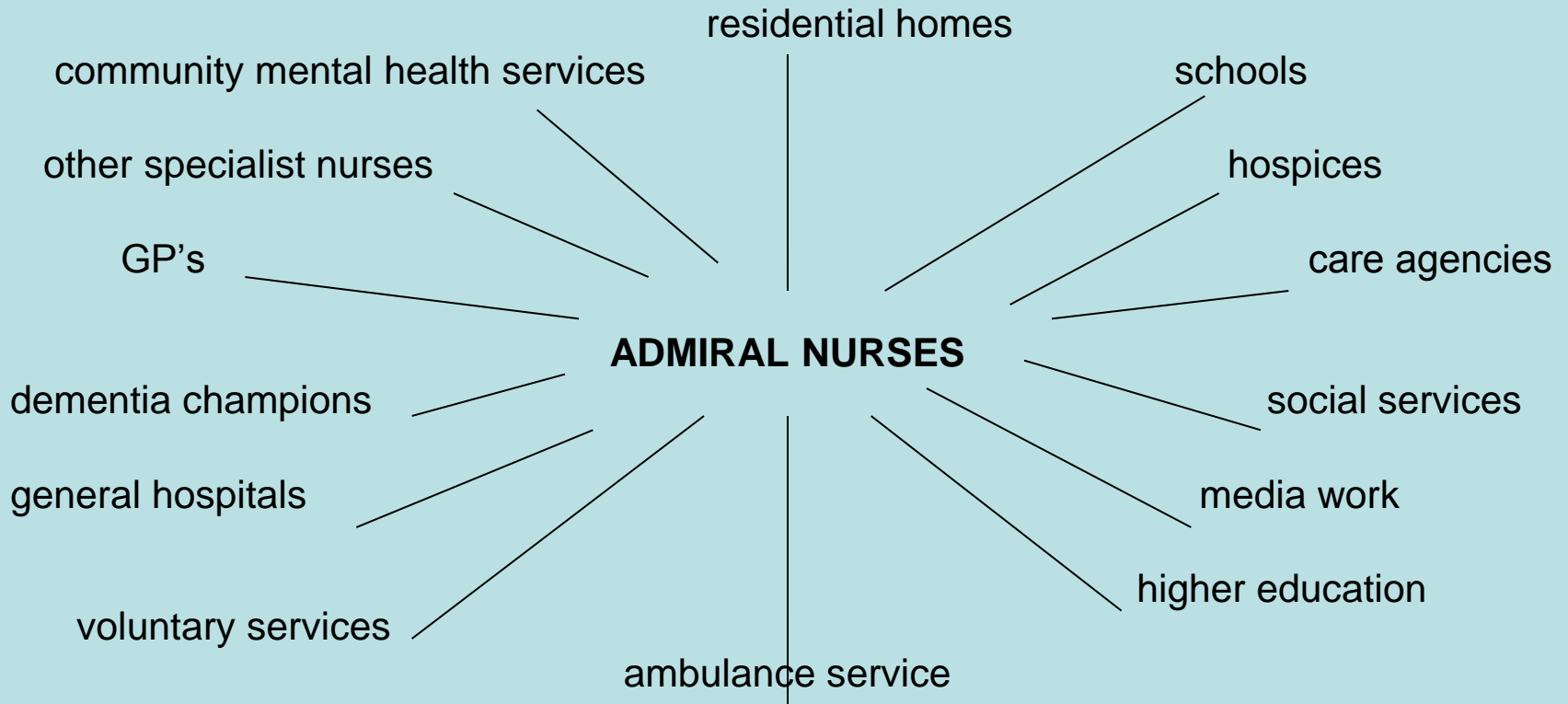
- **Provide Health Promotion**
- ensure carers are looking after their own health, both mental and physical, importance of breaks, time to self, regular health checks
- Ignoring their own health needs can sometimes lead to depression and or worsened physical health problems
- **Look at ways of preventing and managing risk**
- **Work with complex and unpredictable family dynamics**
- **Intervene and liaise with other clinical professionals and services on behalf of carers**
- **Dementia awareness for health/social care colleagues and voluntary sector organisations**
- **Admiral Nurses provide a bridge across primary and secondary services**
- Sitting in secondary care but working with people whose care is in primary care.

CASELOAD STATISTICS/TYPE OF ADMIRAL NURSE WORK

Average figures for one month



MULTI-DISCIPLINARY WORKING



Diagnosis

- Diagnosis Support
- Pre-diagnosis support
- Understanding the impact of diagnosis
- Adjustment and adaptation
- Understanding diagnosis
- Fostering a positive outlook
- Signposting
- Coming to terms with diagnosis

Living with Dementia

- Family centred holistic care
- Education & skill enhancement
- Navigation through services
- Support with changing dementia symptoms
- Advance planning support with prognosis
- Practical, emotional and psychological support
- Maximising quality of life and keeping things normal
- Supporting changing family relationships and dynamics
- Supporting anticipatory grief, working with loss and change

End of life and after death

- Recognising end of life
- Collaborative working
- Preparing the family as end of life approaches
- Supporting family and person with dementia's wishes at end of life
- Ongoing emotional support
- Supporting to grieve and adapt to loss
- Supporting family to cope and move forward

COMMENTS

- *‘ Thank you for all your support, kindness and ongoing knowledge which has made this last year a lot easier to cope with’*
- *‘I couldn’t have kept him at home if it wasn’t for your help’*
- *‘ Your non-judgemental advice, listening skills and simple commonsense, suggestions have been simply amazing’*
- *‘ I think that your support enabled me to care for **** far better and probably longer than I would have been able to do without you. We are indeed lucky in having Admiral Nurses in this area’*

Thank you for listening
Any Questions ?.....