

# Workshop

**Professor Catherine Kinane**

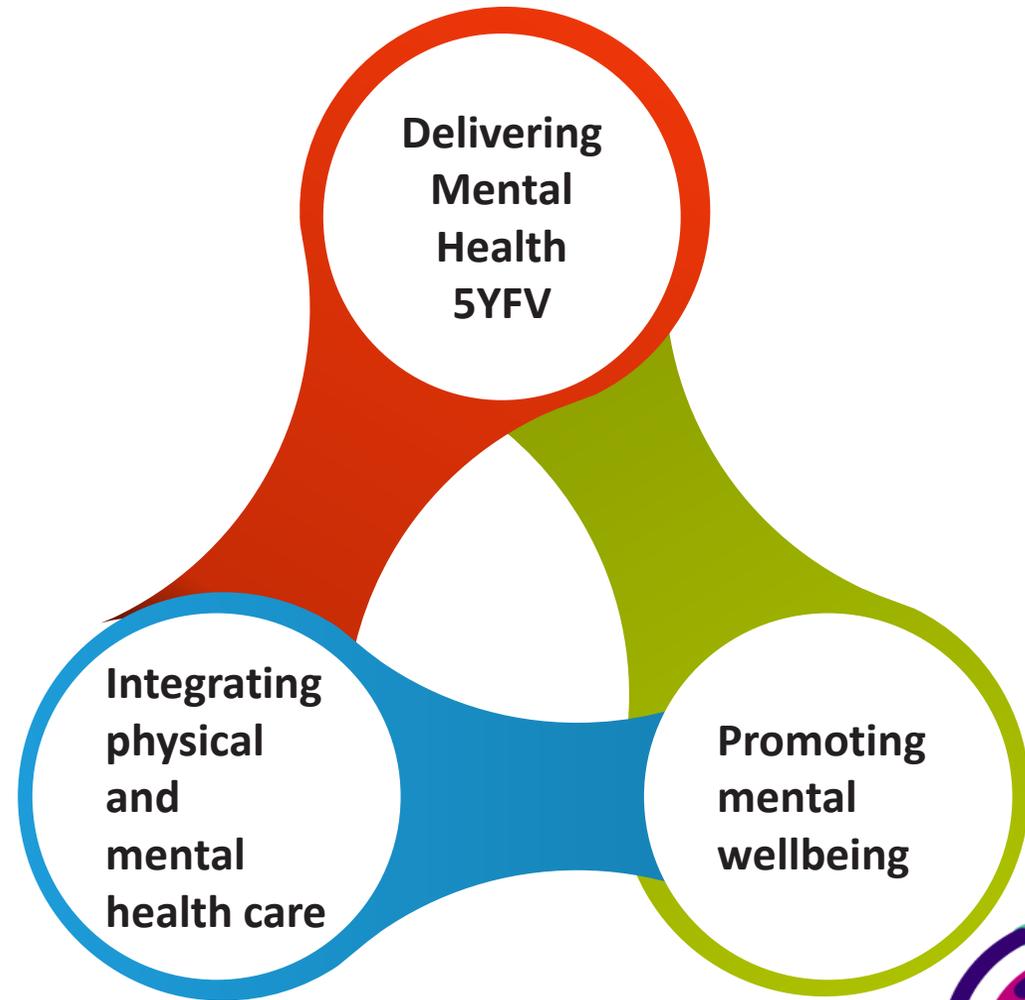


# Our STP Mental Health programme is ambitious

We will transform mental health and wellbeing for the general population by delivering the all-age Mental Health 5YFV; integrating physical and mental health care; and promoting positive mental health

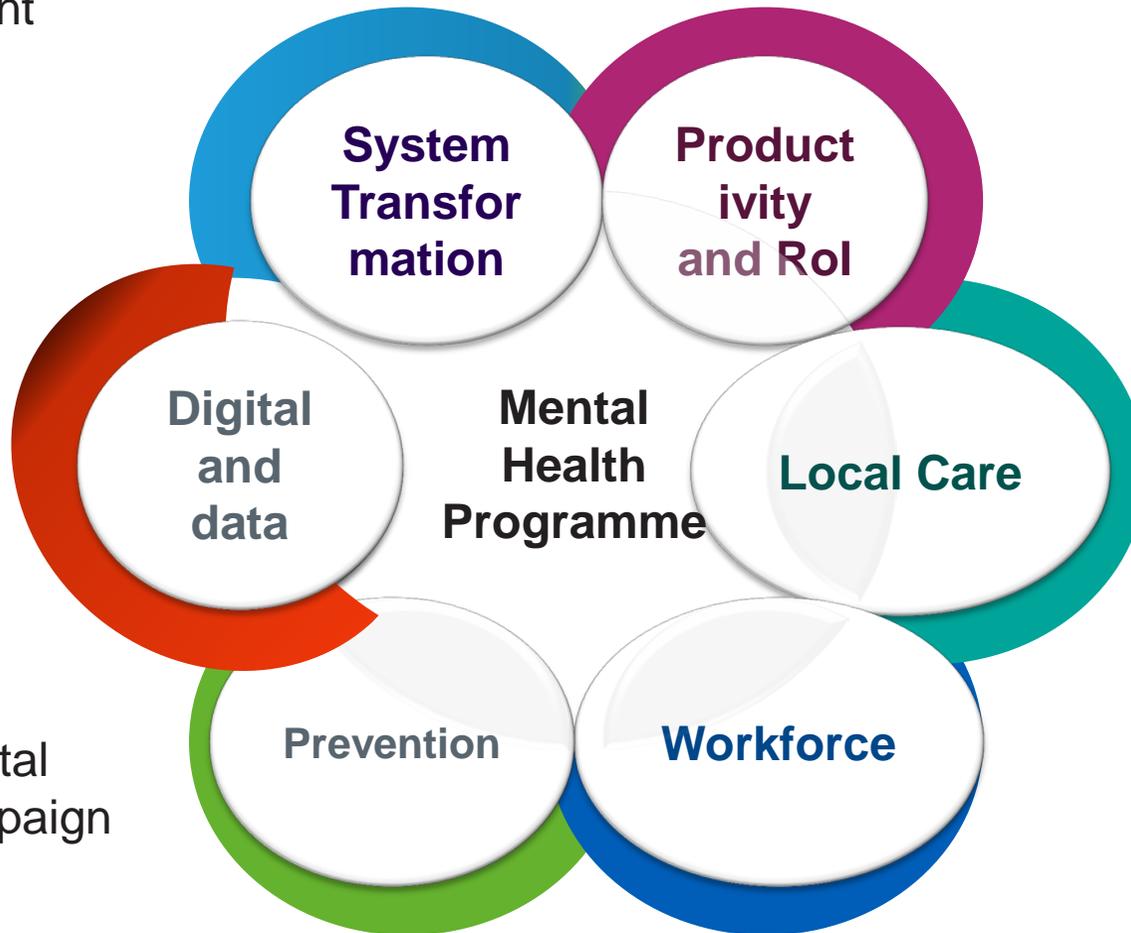
## Deliverables:

- 80% of all MH 5YFV targets achieved (across access and waiting times; clinical standards and patient outcomes; and expansion of MH services)
- Six new examples of integration of (secondary care) mental health in Local Care, Urgent and Emergency Care and Acute Hospital services
- One public mental health and wellbeing campaign and evaluation framework implemented
- Aggregate data on outcomes for mental health patients published



# Mental health connected to other key STP workstreams

Mental Health Alliance  
development



Connecting Local care  
and mental health

Public mental  
health campaign



## We made solid achievements this year

- Almost no adults were admitted to out of area beds for acute mental health care (from highest point of 81 people on 12/06/16 to 3 people (psychiatric intensive care only) on the same day this year)
- Over 10,000 children and young people accessed evidence based treatment
- More pregnant women than planned saw a perinatal mental health specialist; and a new regional Mother and Baby Unit will open in Maidstone in July 2018
- Children and Young People's mental health service mobilised, giving one contact number for Kent and Medway
- Service initiated for people of *all ages* with an eating disorder and already on track to eliminate a waiting list for adults
- National target for people with common mental health conditions accessing IAPT exceeded whilst maintaining both recovery and waiting times standards
- 78% people with early onset psychosis are seen within 2 weeks; and our Early Intervention in Psychosis service now accepts people aged 14-65
- Positive feedback on the Core 24 Liaison Psychiatry service in Medway Foundation Trust where patients are being seen within one hour
- Kent and Medway was rated as meeting the Mental Health Investment Standard overall
- A collective conversation on transforming mental health and wellbeing is happening this month, involving over 330 participants



# Core Workstream Membership

## CCG Commissioning Leads

- Andy Oldfield – East Kent
- Dave Holman – West Kent
- Naomi Hamilton – North Kent
- Sharon Dosanjh – Medway

## Providers

### KMPT

- Dr Catherine Kinane – Medical Director, Workstream Chair
- Christina Shaw – Director of Communications
- Les Manley – Director of ICT

### NELFT

Brid Johnson – Integrated Care Director

### STP

Lauretta Kavanagh

## GP Leads

- Dr David Chesover – North and West
- Dr Simon Lundy – East

## Local Authorities

- Jess Mookerjee – Public Health
- Penny Southern – Adult Social Care

## NHSE

- Tracey Tipping

## Healthwatch

- Ana Paula Nacif



# Workshop Discussion



Continuing the Collective Conversation

Transforming Mental Health and  
Wellbeing

