# Crisis and liaison psychiatry



#### Dr Fareedoon Ahmed Consultant Psychiatrist KMPT

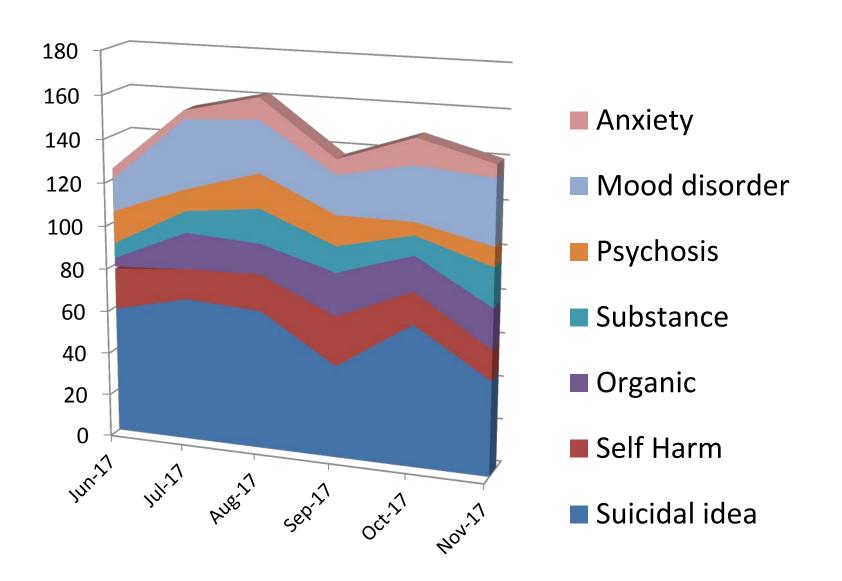


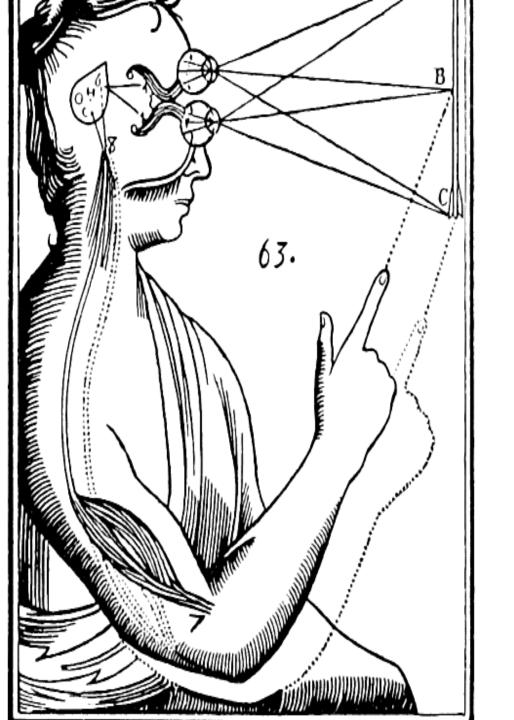
# Mental health crisis

- Who will help
- Where can I go
- This person is unwell
- There is something wrong



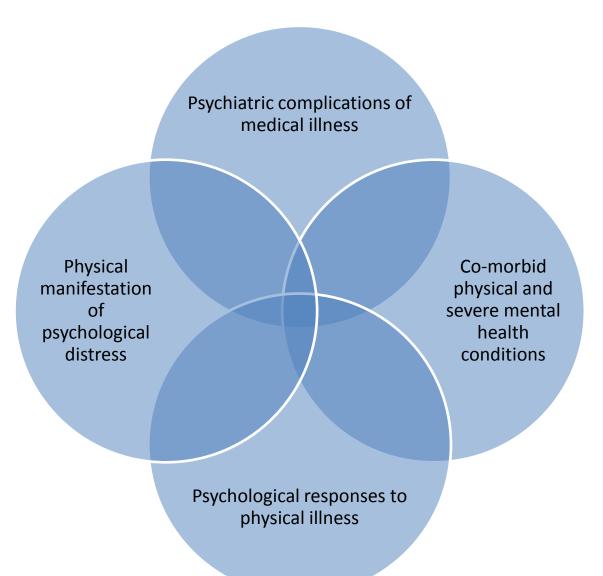
#### Reasons for referral





What is Liaison Psychiatry

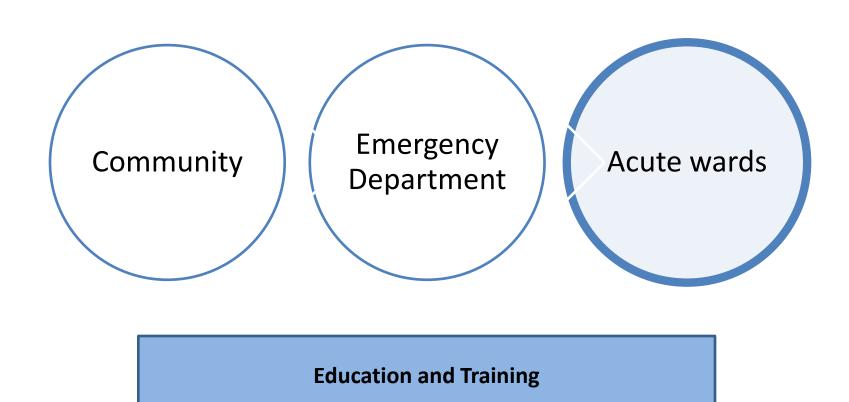
Who has mental health needs in a hospital?



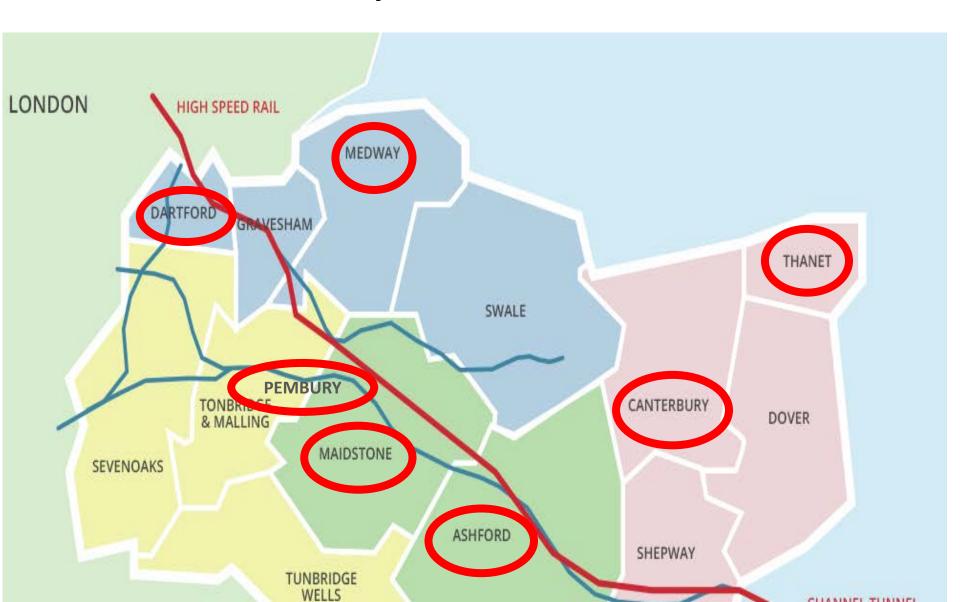


# What can we do

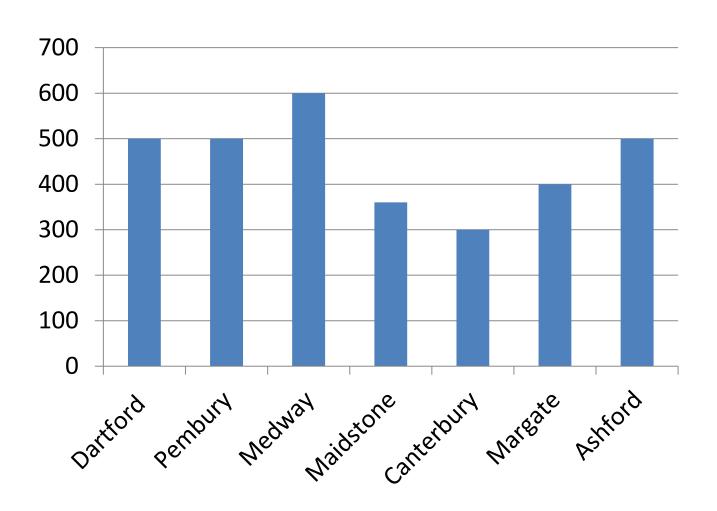
#### Where do we operate



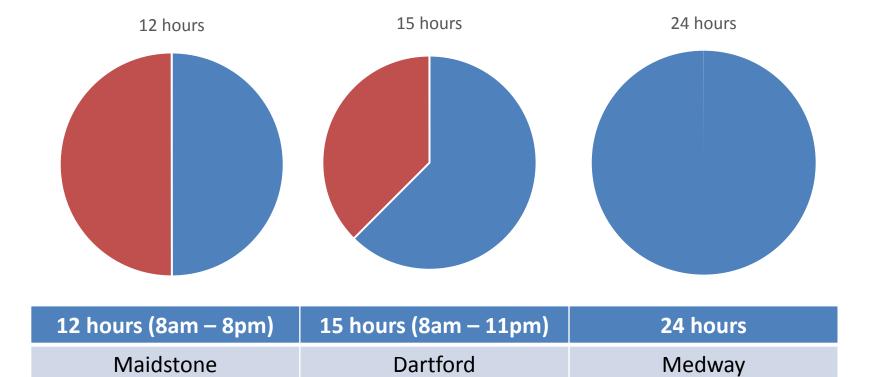
## Hospitals in Kent



## Hospital beds



## Hours of activity

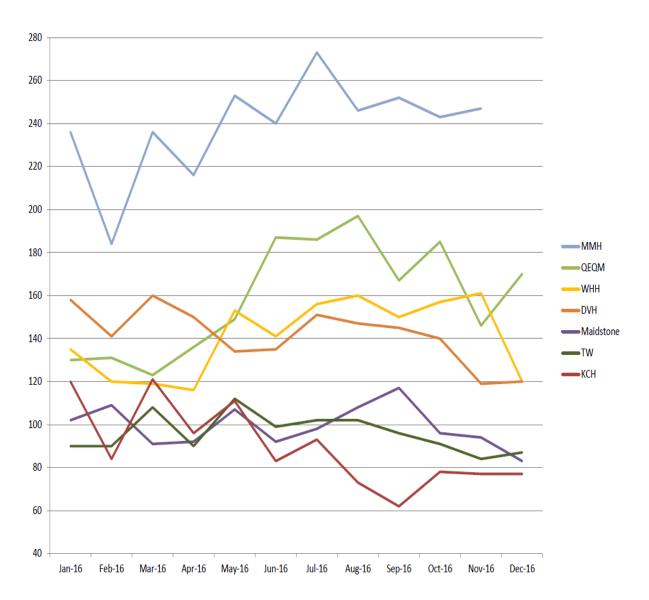


Ashford

Margate

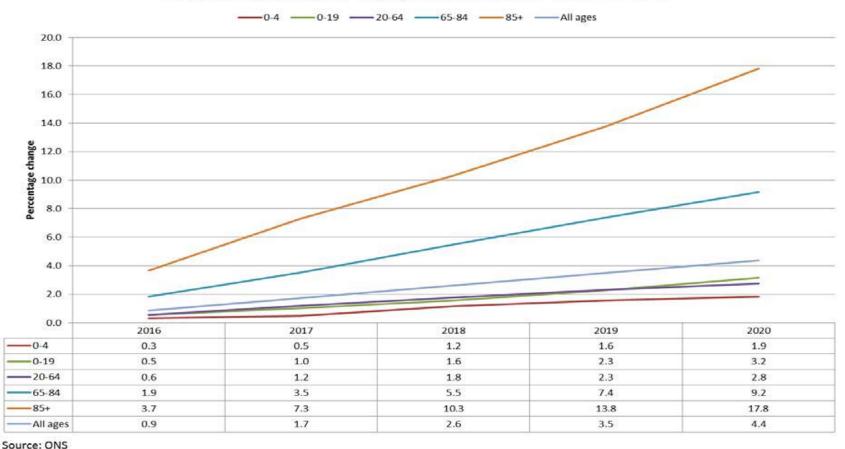
Pembury

# Activity levels (2016)



## Increasing demand

#### Projected population change from 2015, for 2016 to 2019



#### Other services

- Psychodermatology clinic in KCH
- Teaching and training
- Student nurses
- Medical trainees
- Secondment opportunities

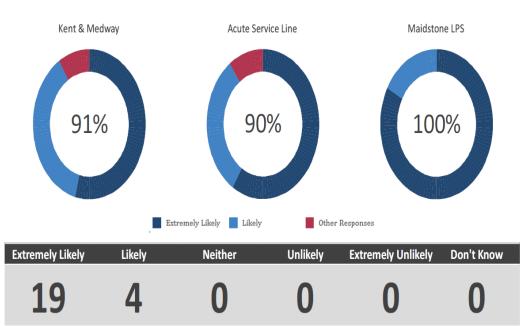
## Teaching

Who Training is For	Topic	Teaching Staff
A&E Registered Nurses	Older adult & family liaison	Adam & Nicola
A&E Band 6	The role of the Liaison Psychiatry Team @ DVH	Nicola & Louise
A&E Healthcare Assistants	The role of the Liaison Psychiatry Team @ DVH & Brief Overview About Mental Illness	Alex & Nonto
A&E Registered Nurses	Suicide and Self Harm	Nicola & Will
A&E sisters	Mental Health Act	Rodney
A&E Registered Nurses	Management of Behaviours	Hans & Mark Dunnett
A&E Registered Nurses	Psychosis	Rodney & Hans
A&E Registered Nurses	Personality Disorders	Brenda & Alex
A&E Healthcare Assistants	Management of Behaviours	Hans & Mark Dunnett
A&E Registered Nurses	Risk Assessment	Alex & Rodney

#### Service user feedback



Percentage of those Likely to Recommend



#### Feedback examples

Friendly staff. Very easy to talk about my problems and get good advice and the help that was needed. Empathy & compassion & clear guidelines on how I can help myself. Prompt, extensive and very caring. Covered all issues. There for people. The nurse was very helpful and kind. To be reassured info won't go further & to be signposted to other agencies. Very friendly, thoughtful & caring. Friendly staff. Good privacy and considerate to ask how I was feeling. Talking and receiving help. Nurse was helpful and listened to me. Kind & caring. The nurses was very helpful and concerned about my welfare. She listened, non judgemental. Very talkative, tried to give me as much support as possible. Help & support.

#### Feedback examples

#### What would make our service better?

Comments from those who were likely to recommend:

Quicker to see patients.
You couldn't make the service better. Very understanding people.
More funding - this is a vital service.
A more rapid service in finding bed/accommodation.
Shorter waiting time before assessment.
Not waiting too long!
Had to wait too long.
A cup of tea lol.
It would have been better if I did not have to go round in circles 3 times.
More funding.
Excellent service but at points it's been hard questions that made me feel uncomfortable

# **Looking forward**



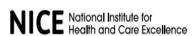
# THE FIVE YEAR FORWARD VIEW FOR MENTAL HEALTH

A Policy Unit briefing on the findings of the independent Mental Health Taskforce and the implications for psychiatrists and the wider NHS workforce

**Holly Taggart** 

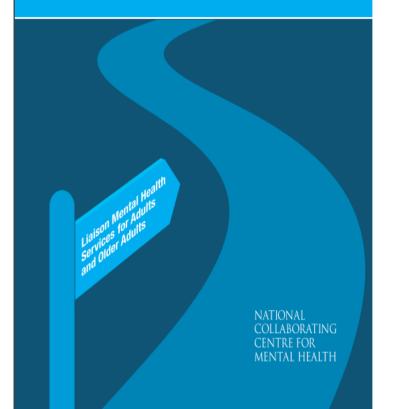
Royal College of Psychiatrists

February 2016





Achieving Better Access to 24/7 Urgent and Emergency Mental Health Care – Part 2: Implementing the Evidence-based Treatment Pathway for Urgent and Emergency Liaison Mental Health Services for Adults and Older Adults – Guidance

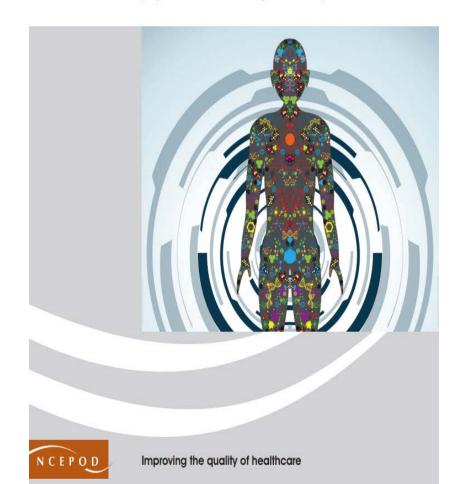


#### Benefits

- Reduced admissions
- Shorter lengths of stay and re-admissions
- Improved discharge planning
- Better experience
- Collaborative working
- Cost-saving

#### **Treat as One**

Bridging the gap between mental and physical healthcare in general hospitals



## HEALTHCARE PROFESSIONALS WHO TOOK A SURVEY SAID...

11% had no basic training in mental health awareness

39% had no training dealing with patients who self-harmed

21% had no training in mental health capacity assessment

19% had no training in managing violence or aggression

59% had no training in psychotropic medications

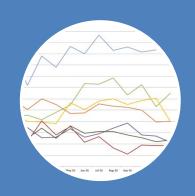
41% had no training in undertaking a risk assessment



#### Aims and aspirations

- Expansion to Core24 and beyond
- National CQUIN
- Evidence Based Treatment Pathway
- PLAN registration
- Quality improvement
- Integrated care LTC clinics
- Follow-up clinics
- MUS service
- Responding to NCEPOD recommendations
- Mental health coding in ED

## Recap



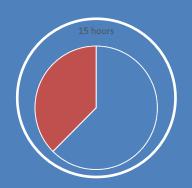
#### Parity of access

• Skilled high quality service



#### Treat-as-one

- Collaborative working
- Mind-body



#### 24 hour service

- Cost-saving
- Improves experience