

**KENT, SUSSEX & SURREY
HIGHER PSYCHIATRIC TRAINING SCHEME**

TRAINING JOB DESCRIPTION

Post: ST4-6 General Adult Psychiatry

The main functional components of the post Inpatient / Community Mental Health Team in Dartford

Clinical Supervisor/Trainer: Dr Ekwere George Umoh

Location: St Martins Hospital, Littlebourne Road Canterbury Kent.

Service Line: Acute/ Community Recovery Service Line

Trust: Kent and Medway NHS and Social Care Partnership Trust

DESCRIPTION OF THE SERVICE

In-patient Ward (Samphire/Fern Wards, St Martins Hospital)

Samphire Ward is a 15 bed Male only and Fern is a female only 18 bed acute psychiatric ward that admits patients from North and East Kent with population of approximately 350,000. The post will appeal to a higher trainee who is interested in acquiring competencies in the management of acute psychiatric presentations in adults age 18 and above. There will also be the opportunity to enhance one's experience of Mental Health Act work.

* Community Mental Health Team (Based at Laurel House Canterbury). This service provides community mental health care for working age adults with diverse psychiatric disorders. The community mental health team aspect of this post involves some domiciliary work, community Mental Health Act assessments and also includes some CPA work.

* Please note that this is an Inpatient job - the community component would be dependent on training needs of individual trainees.

As well as the above, the trainee will be involved in out of hours on-call commitments for North East Kent Locality.

Medical Staff

Inpatient Team

General Adult Consultant Psychiatrist

1.0 wte Speciality Doctor

FY2 Trainee

GPST Trainee

Placement

This placement offers ample exposure to management audit and leadership activities. There is a possibility of gaining some medico-legal experience. Research activity is also encouraged and supported.

Training Objectives

The training objectives will be formally agreed at the start of the post during clinical supervision. The objectives will reflect the requirements of the current Royal College Higher Specialist Psychiatric Curriculum, commensurate with Higher Training and any specific requirements arising from ARCP outcomes.

Educational/Clinical Supervision

One hour of weekly supervision will be provided by Dr Umoh

Clinical supervision (involving direct and close supervision or discussion) will be additionally provided, tailored to the competency level and experience of the trainee by Dr Umoh. In the absence of the consultant this will be provided by the covering consultant.

Tutorial Supervision

Higher Trainees within the Scheme will be meeting the KMPT Tutor, as advised, to ensure training objectives, progression within the assessment Programme (WPBA's) and completion of the Structured Assessments required for the ARCP.

Special Interest and/or Research (Two Sessions)

Two Special Interest and/or research sessions are set aside to meet individual trainee's particular requirements for specialist clinical, service related and/ or research experience. The use of these sessions requires the endorsement of the KMPT Tutor & Training Programme Director and should incorporate arrangements for supervision and assessment.

Academic Programmes & CPD (One Session)

One session a week is set aside for participation in the KMPT CPD and/or academic/training activities.

In addition, both the Trust and Scheme organise periodic CPD events to which Higher Specialist Trainees are invited and encouraged to attend.

Trainees are encouraged to review with their supervisor those opportunities to participate in external courses and CPD events relevant to their training that may arise.

Psychotherapy Training

There is no specific psychotherapy training for higher trainees in this post. However, trainees are encouraged to contact the psychotherapy department for further training or approach the clinical psychologist/psychotherapist attached to the team to discuss available options/opportunities. They are encouraged to actively participate in the weekly Balint group from 11-12 am every Thursday. There is a fortnightly reflective practice on the ward and Trainees would be encouraged to attend.

Library

A library is available at Kent and Canterbury Hospital and Maidstone Hospital. In addition, trainees will have access to the online Athens library and can register to use the library at the Post-graduate Academic Centre in Maidstone Hospital.

Audit

The ST4-6 will be supported to participate & complete audit under the supervision of Dr Umoh and may have the opportunity to supervise the development and delivery of audit by junior trainees or non-medical colleagues.

Teaching and Training

Opportunities for the ST4-6 to gain experience of developing, delivering and evaluating teaching and training will be considered according to their specific needs.

In this post the higher trainee has opportunity of organising and delivering teaching sessions to junior trainees during the weekly Monday Journal Club and other members of the MDT.

Management

The ST4-6 will have the opportunity to participate in service operational and clinical governance meetings on a periodic basis .They should familiarise themselves with the clinical / operational policies and procedures relevant to their service , clinical and professional duties.

The Higher Specialist Trainee will have the opportunity to chair MDT meetings, shadow the consultant and managers and attend various managerial meetings.

Higher Specialist Trainees would be supported to take up relevant management training or leadership projects.

Induction and Mandatory Training

All trainees are offered an induction programme at the start of the post. It is also a requirement to maintain necessary mandatory training including in areas such as breakaway, basic life support, CPA and Child Protection.

On Call

The ST4-6 will participate in the North East Kent On-Call Rota.

Whilst on call, the ST4-6 will be supervised by the designated on-call consultant and hold responsibility for the direct and remote supervision of the junior doctors on- call.

The on-call will be non-residential but he/she is expected to be accessible on the phone and available to arrive at hospital or other relevant sites promptly. The expected duties include: supervising junior trainees assessment of Section 136 patients, and recommendation for detention as well as managing difficult situations that are beyond the remit of the junior trainees. He/she will also be expected to undertake community and custody assessments.

Office Space and Secretarial Support

There would be a dedicated laptop/computer, admin support and office space at the Elizabeth Raybould Centre. The Higher Specialist trainee would also be provided with a mobile phone.

Access to Trust patient electronic records is available on all Trust sites is available via a secure link.

TIMETABLE – ST4-6

	AM	PM
Monday	Ward Review	CPA / Tribunal work
Tuesday	Special Interest / Research	Special Interest / Research
Wednesday	Community Team* / in patient ward work	Community Team* / in patient ward work (CPA)

Thursday	CPAs/Ward work	Academic / SPA
Friday	Mini Ward Review / Tribunal work	Management (Ad-hoc) Supervision and admin

TIMETABLE – Dr Umoh

	AM	PM
Monday	MDT Care Reviews (St Martins)	Enhanced CPAs
Tuesday	Acute Care Pathway / Ward Review/ Professionals Meetings / Managers / Tribunal Hearings Speciality Doctor Supervision	Admin/ Audit/ Research
Wednesday	MDT Care Reviews (St Martins)	CPA Meetings
Thursday	Acute Care Pathway / Ward Review FY2 Doctor (Supervision) West Kent Consultant Meeting	Weekly CPD Meetings
Friday	Acute Care Pathway 10am to 12 noon Ward Mini Review	Higher Trainee Supervision

FURTHER INFORMATION

Trainees are invited to contact Dr Umoh on 01227812121 or ekwere.umoh@kmppt.nhs.uk to arrange an informal visit to discuss the post and its training opportunities.

Curriculum & Training Guides

The Core and Advanced Curricula for Specialist Training in Psychiatry:

[HYPERLINK "http://www.rcpsych.ac.uk/training/curriculum2010.aspx"](http://www.rcpsych.ac.uk/training/curriculum2010.aspx)
<http://www.rcpsych.ac.uk/training/curriculum2010.aspx>

An overview of Postgraduate Training in Psychiatry, including the responsibilities of Trainees is given in the College Occasional paper OP69 'Specialist Training in Psychiatry'

[HYPERLINK "http://www.rcpsych.ac.uk/PDF/OP69%2011%20January%202010.pdf"](http://www.rcpsych.ac.uk/PDF/OP69%2011%20January%202010.pdf)
<http://www.rcpsych.ac.uk/PDF/OP69%2011%20January%202010.pdf>