

KENT AND MEDWAY NHS AND SOCIAL CARE PARTNERSHIP TRUST

JOB DESCRIPTION FOR CT3

Name of post *CT3 in Liaison Psychiatry – South West Kent*

Type of post and name of employing Trust *KMPT*

Name of Consultant Trainer *Dr Laurence Potter*

Details of multidisciplinary team (grades of medical staff; availability of clinical psychologists, CPNs, PSWs, OTs, others, including secretary)

- *1 Consultant*
- *1 team administrator*
- *1 Senior practitioner band 7*
- *5 liaison nurses band 6*
- *1 Foundation Year 1 Medical Trainee*

Responsibilities and opportunities of SHO post:

Core clinical work (consistent with RCPsych requirements)

- **Settings where work will be carried out, numbers of beds, day places, clinics etc:** *The post-holder will provide clinical input for the Maidstone Hospital Liaison Psychiatry Service, providing input to both A&E and inpatient wards (approximately 450 beds).*
- **Types of assessments and treatments (all clinical experience must be related to SHO training)** *History taking, examination and ongoing care planning of patients on hospital wards and in A&E and follow up of these patients where applicable. Presentations will range from organic related cognitive impairment, mood disorders, self harm and associated risk assessment, psychotic illnesses, anxiety disorders, personality disorders and medically unexplained symptoms. Opportunities for delivering education and involvement with therapeutic work. Potential with the development of the service to move into outpatient clinic work.*
- **Details of on call duty rota (number of tiers, arrangements for supervision by on-call consultant)** *Duty rota covers the Maidstone inpatient sites. Supervised by SpR and/or on-call Consultant.*

Academic activities

- **Opportunities within Directorate/Trust (e.g. case conferences, journal clubs, lectures)** *Attendance at teaching programme held every Monday includes case conferences, journal club and lectures. The formal Kent wide MRCPsych course is held on alternate Thursdays. Additional multidisciplinary guest lectures. The trainee will be expected*

to have completed Trust-based mandatory training, either online or attending classroom sessions.

- **Attendance at peer group meetings (all trainees must have the opportunity to attend)** *Held every Monday, 12:00-13:00.*

Supervision

- **There is a minimum of one hour/week timetabled personal supervision from Consultant, additional to clinical supervision** *Held every Wednesday, 12:00-13:00.*

Learning outcomes (as per RCPsych):

- *Continue to develop core competencies as defined by the Accreditation of Transferable Competencies Framework (ACTF).*
- *Carry out a full biopsychosocial assessment of patients, in medical and surgical settings, with physical health problems, physical symptoms and mental health symptoms, impaired mental wellbeing, or psychological distress, including:*
- *Systematic documentation of chronology of patient's medical history including use of time lines*
- *Working with other clinical members of the liaison team and understand their roles*
- *Learning from other members of a liaison team*
- *Understand the responsibilities and limits of a liaison team*
- *Know the epidemiology and common presentations of psychological problems in medical and surgical settings*
- *Use of appropriate questionnaires to use in medical & surgical settings and their limitations*
- *Using one's own authority to optimise medical and surgical management plans*
- *Contribute to the development of clinical risk management plans in medical and surgical settings:*
 - *For individual patients (generic competence)*
 - *Developing policies*
- *Develop psychotherapeutic skills within the liaison psychiatry setting:*
 - *Demonstrate the use of psychotherapeutic skills with physically ill patients and patients with medically unexplained symptoms*
 - *Demonstrate the ability to utilise psychotherapeutic skills in assisting staff groups, in the acute hospital, in the management of complex situations*
- *Demonstrate an understanding of emergency, consultation, and liaison styles of working*
- *Demonstrate a basic understanding of medically unexplained symptoms*
- *Be able to identify where clinical audit requires collaboration with general hospital colleagues*

- *Conduct a joint clinical audit with medical and surgical colleagues*

Trainee specific: (probably different for each trainee in post)

The current trainee has been involved in:

- *Exam preparation: practice CASC in supervision and external course*
- *Completion and presentation of a clinical audit*
- *Presenting on the trainee induction*

Other activities might include:

- *Training and education*
- *Management activities*
- *Psychotherapy*

Timetables for SHO and Educational Supervisor (to show all regular commitments through the week). Must show supervision hour and sessions for MRCPsych.

CT3 timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Clinical work on wards/A&E 12:00 Balint Group	Teaching Programme at Postgraduate centre	Clinical work on wards/A&E	MRCPsych course – alternate weeks (Clinical work on wards/A&E)	Clinical work on wards/A&E
PM	13:00 Journal Club Clinical work on wards/A&E	Clinical work on wards/A&E	Supervision Admin work		Clinical work on wards/A&E

Educational Supervisor Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Supporting activities	Clinical work on wards/A&E	Clinical work on wards/A&E	Consultants Meeting CPD	Clinical work on wards/A&E.
PM	Clinical work on wards/A&E	Clinical work on wards/A&E	Supervision of CT3 Clinical work on wards/A&E	Clinical work on wards/A&E.	Supervision of FY1 Clinical work on wards/A&E.