

KENT AND MEDWAY NHS AND SOCIAL CARE PARTNERSHIP TRUST (KMPT)

JOB DESCRIPTION FOR CT2

Name of post *CT2 in Liaison Psychiatry –Dartford (West Kent)*

Type of post and name of employing Trust: KMPT

Name of Consultant Trainer *Dr Fareedoon Ahmed CS / ES*

Details of multidisciplinary team (grades of medical staff; availability of clinical psychologists, CPNs, PSWs, OTs, others, including secretary)

- 1 Consultant*
- 1 Team Administrators*
- 1 Manager band 7*
- 8 Liaison Nurses band 6*
- 1 Rotational band 5 Nurse*
- 2 Trainee Doctors – FY1 & CT*
- 1-2 Student Nurses*

Responsibilities and opportunities of SHO post:

Core clinical work (consistent with RCPsych requirements)

- **Settings where work will be carried out, numbers of beds, day places, clinics etc:** *The post-holder will provide clinical input for the Dartford Liaison Psychiatry Service at Darrent Valley Hospital (DVH) in Dartford. DVH provides a comprehensive range of acute services, there are a number of specialist services including a regional cancer centre, renal, haemophilia, maxillo-facial and neurophysiology services.*
- **Types of assessments and treatments (all clinical experience must be related to SHO training)** *History taking, examination and ongoing care planning of patients on hospital wards and in A&E and follow up of these patients where applicable. Presentations will range from organic related cognitive impairment, mood disorders, self harm and associated risk assessment, psychotic illnesses, anxiety disorders, personality disorders and medically unexplained symptoms. Opportunities for delivering education and involvement with therapeutic work. Potential with the development of the service to move into outpatient clinic work.*
- **Details of on call duty rota (number of tiers, arrangements for supervision by on-call consultant):** *Day and night duty rotas to cover inpatient sites and DVH liaison - supervised by SpR and/or on-call Consultant.*

Academic activities

- **Opportunities within Directorate/Trust (e.g. case conferences, journal clubs, lectures)** Attendance at teaching programme held on Tuesday includes case conferences, journal club and lectures and formal MRCPsych course held on alternate Thursdays. Additional multidisciplinary guest lectures and Trust based training for IT and CPA etc
- **Attendance at Balint group meetings (all trainees must have the opportunity to attend)** Held every Friday

Supervision

- **There is a minimum of one hour/week timetabled personal supervision from Consultant, additional to clinical supervision** Held every Friday

Learning objectives (as per RCPsych):

- Ability to work with general medical and nursing staff and to collaborate in managing psychiatrically ill patients on medical wards when transfer to a psychiatric ward is inappropriate.
- Evaluate patients with delirium (acute confusional states), to elicit the appropriate symptoms, to suggest the most likely aetiological factors and to advise on further management, including the use of psychotropic drugs, if indicated.
- Understanding of the relationships between physical and psychiatric disorders and in diagnosing the commoner forms of psychiatric disorders in the presence of physical illness.
- Familiarity with the appropriate use of anti-depressant, anti-anxiety and neuroleptic drugs for psychiatric disorders co-existing with physical illness
- Familiarity with the indications for psychological treatments in physically ill patients
- Familiarity with the use of brief psychotherapies in with physical illness.
- Understand the principles of somatisation so that psychiatric illness can be recognised when it presents with somatic symptoms.
- Manage patients with various types of somatisation disorders, using drug therapy and psychological treatments as appropriate.
- Assess patients following episodes of deliberate self-harm. This should include evaluating patients after drug overdose and serious, multiple physical injuries such as occur after jumping from a height or under a moving vehicle. This experience should enable the trainee to plan further treatment for patients following deliberate self-harm and to recognise the indications for psychiatric in-patient treatment.
- Demonstrate the ability to assess patients presenting with acute behavioural disturbances in accident & emergency departments,

particularly being able to distinguish functional from organic psychoses and to plan further investigations and treatment accordingly.

- *Become familiar with the operation of mental health legislation as applied in a general hospital (including an Accident and Emergency department).*
- *Assess and treat psychiatric disorders associated with pregnancy and the puerperium.*
- *Understand the issues involved in treating mentally ill women during pregnancy and lactation, with particular reference to the psychotropic drugs which can be safely used at these times.*
- *Demonstrate awareness of the indications for admitting mothers and babies to a special psychiatric unit.*
- *Assess the behaviour and mental state of mothers where child protection issues are involved.*
- *Present liaison psychiatry cases at case conferences, both in the psychiatry department and in other departments of the hospital, for example, medical grand rounds and neurology case conferences.*

CT specific: (probably different for each CT in post)

- e.g. *Exam related*
Audit and research methodology
Teaching and education
Management activities
Psychotherapy

Timetables for CT and Educational Supervisor (to show all regular commitments through the week). Must show supervision hour and sessions for MRCPsych.

CT2 timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
am	Clinical work on wards/A&E Journal Club	Clinical work on wards/A&E	Clinical work on wards/A&E	MRCPsych course – alternate weeks (Clinical work on wards/A&E)	Balint group 9-10 AM Supervision 10- 11AM
pm	Clinical work on wards/A&E	To carry the Bleep at Littlebrook Hospital	Clinical work on wards/A&E		Clinical work on wards/A&E

Educational Supervisor Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
9am	Clinical work Journal Club	Medical Education	Clinical Work	Consultants Meeting /medical education/research	Supervision of medical staff/ Clinical work /medical education
11am		Admin			
1pm	Clinical work	Medical Education	Clinical work	CPD	
3pm					