



Kent and Medway
NHS and Social Care Partnership Trust

Information Governance & Records Management Department

1st Floor
Magnitude House
New Hythe Lane
Aylesford
Kent
ME20 6WT

Tel: 01795 514525

Email: kmpt.infoaccess@nhs.net

Website: www.kmpt.nhs.uk

Sent via email

Dear [REDACTED]

Request for Information

I write further to your request FOI ID 46052 under the Freedom of Information Act 2000 regarding: -

Physical Restraints

Your request is set out below:

For each of the last three calendar years (2022, 2023, and 2024) could you please provide me with:

1. the number of mental health patients who have been physically restrained;
2. the individual number of restraint incidents per patient on average;
3. the number that involved face-down restraint;
4. the number of patient injuries as a result of any physical restraint; and
5. the number of staff injuries as a result of any physical restraint.

Year	Q1 No. of Restraints	Q2 No. of Pts Involved	Q3 No. of Prone Restraints	Q5 No. of Staff Injuries
April 2022 - December 2022	824	373	35	2
January 2023 - December 2023	967	452	53	0
January 2024 - September 2024	759	347	61	2

1.
The Trust did not keep a central record of this type of incident prior to April 2022, in order to In order to extract the requested information for the time period January 2022 to March 2022 and collate the results would require a manual exercise to identify and review clinical records and would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.

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Trust Chair – Dr Jackie Craissati
Chief Executive – Sheila Stenson

3.

The Trust refer to this type of incident as prone restraints and have provided this data on the attached spreadsheet.

4.

The requested information is not held centrally and is contained within the individual clinical records which cannot be extracted as a standalone piece of data. In order to extract the requested information and collate the results would require a manual exercise to identify and review clinical records and would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.

5.

The data provided has been taken from the RIDDOR's logged during the requested time, with staff data being provided if sickness due to an injury as a result of a physical restraint lasted for seven days or more.

I confirm that the information above completes your request under the Freedom of Information Act 2000. I am also pleased to confirm that no charge will be made for this request.

If you have any questions or concerns or are unhappy with the response provided or the service you have received you can write to the Head of Information Governance at the address on top of this letter. If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision.

Yours Sincerely

On Behalf of
The Information Governance Department