

HIGHER SPECIALTY TRAINEE JOB DESCRIPTION

Job Title:

ST4 – ST6 – General Adult Psychiatry Community

Educational / Clinical Supervisor:

Dr Abdulazeez Towobola, Consultant Psychiatrist and Clinical Lead for Ashford and South Kent Coast CMHTs

Base:

Ashford Community Mental Health Team, Eureka Business Park, Eureka Place, Trinity Road, Ashford, Kent, TN25 4BY

Hours of Work:

40 hours a week, Monday to Friday, plus on-call rota commitments

On-Call Responsibility:

Middle On-Call Rota

Job Outline:

This is a Higher Speciality Trainee post in a community setting based at Ashford Community Mental Health Team in Ashford where the post holder will provide psychiatric and physical healthcare input in the community to patients aged 18 – 65 with severe and enduring mental illness, with recovery being the main focus.

- The main role and responsibilities of the ST4-6 / Higher Specialist Trainee (Higher Trainee) will be as an active member of Ashford Community Mental Health Team which serves the Ashford and Tenterden area.
- It is expected that the Higher Trainee would provide a vital role in the psychiatric assessment and management of the patients referred to the team and will support the other members of the Multidisciplinary Team.
- The clinical work entails weekly (about 3) Out-Patient Clinics for both new and follow up patients, urgent assessments either at base or in the community, providing assistance for routine and urgent, including MHA related work.
- The team members take an active role in liaison with the Trust's Acute and other Community services and there is a great emphasis on proactive engagement with the Primary Care / GPs in the area.
- The Higher Trainee doctor also attends the daily Red Board meetings, the weekly MDT – Multi-Disciplinary Team meeting with Psychology, the weekly Business meetings, Referrals and Assessment Feedback meetings and the monthly Risk

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Forum for complex case discussions.

- The Higher Trainee is also expected to provide support for any junior doctors or medical students based with the team.
- The trainee will be based in Ashford at Eureka Place where office space (or hot desking), IT and administrative support and admin services are provided.
- There is no routine ward work associated with this post, but if the trainee was interested this could be looked into by liaising with our Acute Service colleagues at St Martins Hospital in Canterbury and the Liaison Psychiatry Service at William Harvey Hospital.

Academic Activities:

- The Higher Trainee will be expected to take an active part in the weekly in-house academic activities (case presentations, journal clubs, and teaching sessions) and junior doctors induction programme.
- There is also an additional opportunity for providing regular and formal teaching to medical student(s) from GKT (Guy's, Kings and St Thomas) as well as Overseas Medical students.
- It is expected that the trainee will lead on a clinical audit project and be actively involved in management and service development.
- There is also the opportunity to get involved in medical education management/research.
- There would be more opportunities for teaching as the Kent and Medway Medical School opens in 2020.

Supervision:

- *Educational Supervision:* 1 hour dedicated weekly as part of educational supervision.
- *Clinical Supervision:* Ad hoc clinical supervision is available daily from myself or the other consultants in the team.

Objectives of Placements:

- Further development of Core Skills to a higher level and, as an expert, serving as teacher and role model.
- To further develop skills in assessment, diagnosis and management of functional and organic psychiatric conditions.
- To enhance skills in cognitive examination.
- To develop knowledge of the common and rare mental disorders including aetiology, assessment, investigation, biological treatments, psycho-social interventions and risk assessment and management.

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- To develop knowledge and skills in regard to the assessment of mental capacity and the Mental Capacity: Experience in assessment, formulation and diagnosis in common and complex secondary care community mental health presentations; routine and urgent.
- Experience in providing bio-psycho-social management (as sole clinician under statement of care, or as part of a team in CPAs), with emphasis on prescribing and liaison with community and liaison colleagues.
- Risk assessment, including taking calculated, positive risks in an out-patient unit.
- To conduct one clinically relevant audit and supervise other trainees with audit.
- Other objectives / training needs may be incorporated into the job plan, according to the individual.
- Experience management opportunities.

Education and Training:

- Individual supervision will be provided by the approved Clinical Supervisor who will provide clinical supervision for one hour every week. Ad hoc supervision about clinical matters will happen outside of this, for instance discussing a patient, but is not a substitute for protected teaching time.
- Experience in the assessment clinical management of psychiatric emergencies is provided by on-call commitments.
- The local academic CPD teaching programme for Higher Trainees and Consultants runs on Thursday mornings and Higher Trainees are encouraged to contribute by chairing trainee journal club and topic presentations and discussions thereafter.
- Higher Trainees are also encouraged to contribute to the induction of Foundation and GP doctors on rotation to Psychiatry, and assist with the training and development of Core trainees.
- Other teaching opportunities include participation in the wider Higher Trainee training programme and team educational activities.
- Higher Trainees are encouraged to attend the Community Recovery Group's management meetings.
- Higher Trainees are invited to look at a variety of special interest options that are available.
- Higher Trainees are required to complete at least one audit in their area of practice and are encouraged to supervise trainees with audit.
- Study Leave is available within HEKSS Guidelines.

Research and Quality Improvement:

Research opportunities are available under the supervision of the Trust's Medical Lead for

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Research and Development.

Emergencies:

•The junior doctor accepts that he / she will also perform duties in occasional emergencies and unforeseen circumstances at the request of the appropriate consultant in consultation, where practicable, with his colleagues, both senior and junior. Additional commitments are exceptions and juniors should not be required to undertake work of this kind for prolonged periods on a regular basis. The job description includes cover of normal annual and study leave of colleagues for whom the practitioner is expected to deputise during the normal run of his / her duties.

• This proposed timetable is a guide and can be flexible according to trainee’s needs and working arrangements.

Higher Trainee Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	09:00 – 10:00 Red Board Meeting 10:00 – 13:00 OPC	Special Interest	09:00 – 10:00am Red Board Meeting 10:00 – 13:00 OPC	CPD	09:00 – 10:00am Red Board Meeting 10:00 – 13:00 OPC / Home Visits
PM	13:30 – 14:30 Referrals Meeting 14:30 – 16:00 OPC 16:00 – 17:00 Admin	Research / Audit	13:30 – 14:30 Referrals Meeting 14:30 – 15:30 Supervision 15:30 – 17:00 Ad hoc appointments / Admin	13:30 – 14:30 Referrals Meeting 14:30 – 17:00 OPC	13:30 – 15:00 OPC 15:00 – 17:00 Admin

Consultant Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	09:00 – 10:00 Red Board Meeting 10:00 – 13:00 OPC	09:00 – 10:00 Red Board Meeting 10:00 – 13:00 OPC	09:00 – 10:00 Red Board Meeting 10:00 – 11:00 Clinical Supervision / MDT 11:00 – 13:00 OPC	09:00 – 13:00 CPD	09:00 – 13:00 Clinical Lead Activity Including Care Group Meetings
PM	13:00 – 17:00 OPC	13:00 – 17:00 Service Development and Clinical Lead Work 17:00 – 18:00 Clinical Admin	13:00 – 16:00 OPC	13:00 – 17:00 OPC 17:00 – 18:00 Clinical Admin	13:00 – 16:00 Supervision / Team Liaison

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