

# **Community Brain Injury Team**

## What is the Community Brain Injury Team?

The Community Brain Injury Team (CBIT) is an interdisciplinary team which provides high quality neuro-rehabilitation to adults who have sustained a brain injury and are now living in a community setting in **Medway** and **Swale**. We do not provide an inpatient service.

CBIT provides neurorehabilitation from occupational therapy, physiotherapy, psychology and speech language therapy.

Most of our referrals are for clients who have sustained a traumatic brain injury. We also work with people who have had encephalitis, meningitis, anoxia or other brain injuries and people in low awareness states.

Strokes and spontaneous events are served by stroke services not CBIT. We are not commissioned to work with people affected by progressive conditions.

#### Criteria

We provide rehabilitation for adults who in this episode of care:

- Are aged 18 and over
- Have a single incident, non-deteriorating acquired brain injury. Traumatic sub arachnoid haemorrhage is accepted. (Strokes and spontaneous events are served by stroke services)
- Brain injury resultant from, for example cerebral anoxia, encephalitis, meningitis etc
- Have complex needs and require therapy from at least two or more disciplines in the team
- Demonstrate potential for improvement
- Are living in a community setting in the Sittingbourne, Isle of Sheppey or Medway area
- We also provide intervention for people who, following brain injury are in a vegetative/low awareness state and are being cared for in the community

## **Exclusion Criteria**

We will consider each individual case, but the following exclusions usually apply:

- Strokes and spontaneous events who are served by stroke services
- Clients who have significant problems with drug and/or alcohol abuse and are not able to actively engage in therapy.
- Clients who had premorbid significant learning difficulties and are not able to actively engage in therapy.
- Clients with progressive brain disease ie tumour.
- Service users whose needs are best met in mainstream or specialist mental health services.
- Service users whose main presenting problem arise as a result of congenital or peripartum problems such as cerebral palsy

Where possible we will work in an advisory capacity to those already working with the client.

HW 28/4/2021 Chairman – Jackie
Craissati
Chief Executive – Helen Greatorex

## Referrals

The Community Brain Injury Team referral form can be requested from the administrator. on 01634 833937 or downloaded from this page:

## https://www.kmpt.nhs.uk/our-services/community-brain-injury-team/

Please send or email completed forms to the contact details below:

#### KAMNASCPT.neuropsych@nhs.net

## **Community Brain Injury Team**

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