

**Co-facilitation Partners – Welcome & Overview,**

Thank you for your interest in becoming a co-facilitation partner with Kent & Medway Recovery & Wellbeing College (RC).

We welcome new expressions of interest for co-facilitation from services & individuals with specialist skills and knowledge which will benefit RC students. These can include the following

- KMPT clinical and support services.
- Primary Care health & wellbeing services.
- 3<sup>rd</sup> Sector and charitable organisations
- Community education, arts and leisure providers.

**Benefits for RC students**

- Diverse and interesting co-facilitation input.
- Sharing new ideas and concepts which complements our standard provision.
- Opening the door to new locations, activities, services and community groups.

**Benefits for Co-facilitation Partners**

- Opening to door for current service users into Recovery College learning.
- Increasing knowledge & skills in strengths based, recovery focussed learning provision.
- Sharing existing knowledge and skills in a positive and proactive way.
- Reaching new communities and learners.
- New opportunities to listen, learn and work co-productively.
- Meaningful activity which can enhance work/life balance and self-care.

**Some things to consider...**

Considerations	Yes/No
Can you commit to engaging in RC ethos and facilitation prep activities?	
Can you commit to protected time up to 6 months in advance?	
Can you commit to co-design time with RC facilitators?	
Are you happy for co-designed courses/workshops to go through RC moderation process?	
Are you able to gain approval from your service lead/line manager?	

**How to start getting involved...**

Prep activities can include a selection of the following and will be discussed with your key link member of the coordination team (Locality Coordinator or Clinical Coordinator), based on your previous experience and current activities.

- Read the ‘Get Involved’ PDF booklet on our website
- Attend Introduction to Recovery College Session
- Attend face to face and/or virtual RC workshops/courses as an RC Student
- Attend facilitator training days/events
- Read through RC training materials and overview of principles
- Volunteer to provide learning support
- Complete the application form on the next page or via ‘Get involved’ online application on website.





Name	
Phone number	
Email address	
Organisation	
Base Address	

**What you would like to do with Recovery College**

Skills/knowledge/expertise	
Ideas for RC courses/workshops	
How to embed co-production – combining learned & lived expertise	

New Co-facilitator Signature	
RC Coordination Team Link	
Line Manager/service lead Signature	

**Some useful documents**

UK Recovery College Model	 1.Recovery-Colleges .pdf
RC Proposal Form	 Proposal Form Template.docx
RC Moderation Feedback Form	 Proposal Feedback Template.docx
Intro to Recovery College	 Intro to Recovery College inc Updates