



Kent and Medway

NHS and Social Care Partnership Trust

Information Governance & Records Management Department

St Michaels House

St Michaels Road

Sittingbourne

Kent

ME10 3DW

Tel: 01795 514525

Sent via email

Email: kmpt.inforaccess@nhs.net

Website: www.kmpt.nhs.uk

Dear [REDACTED]

Request for Information

I write further to your request FOI ID 32795 under the Freedom of Information Act 2000 regarding:-

Psychological therapies for people with Severe Mental Illness (SMI)

Your request is set out below:

1. Does the Trust provide the following therapies for people with SMI? If these services are provided in some of the locations you cover, please answer yes.

Type of psychological therapy	Yes/No
Cognitive behavioural therapy	yes
Cognitive behavioural therapy – ED (eating disorder)	no
MANTRA	no
Cognitive behavioural therapy – psychosis	yes
Cognitive behavioural therapy – personality disorder	yes
Cognitive behavioural therapy – bipolar disorder	no
Cognitive analytical therapy	yes
Psychodynamic therapy	yes
Interpersonal psychotherapy	yes
Interpersonal group therapy	no
Social rhythm therapy	no
Schema focussed therapy	yes
Mentalisation-based therapy	yes
Behavioural couple's therapy	no
Family intervention	yes
Art therapy	yes
Eye movement desensitisation and reprocessing therapy	yes
Other types of psychotherapy (please specify)	Psychodrama psychotherapy Group analytic psychotherapy Therapeutic community

We are proud to be smoke free

Trust Chair – Dr Jackie Craissati
Chief Executive – Helen Greatorex

I confirm that the information above completes your request under the Freedom of Information Act 2000. I am also pleased to confirm that no charge will be made for this request.

If you have any questions or concerns or are unhappy with the response provided or the service you have received you can write to the Head of Information Governance at the address on top of this letter. If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision.

Yours Sincerely

On Behalf of
The Information Governance Department