**HIGHER SPECIALTY TRAINEE JOB DESCRIPTION**

**Job Title:**

Higher Trainee ST4 – ST6 – General Adult Psychiatry - Community

**Educational / Clinical Supervisor:**

Dr Koravangattu Valsraj Deputy Chief Medical Officer and Consultant Psychiatrist

**Base:**

Dartford Gravesend Swanley (DGS) Community Mental Health Team

Arndale House, 18-20 Spital Street, Dartford, DA1 2DL

**Hours of Work:**

40 hours a week, Monday to Friday, plus on-call rota commitments

**On-Call Responsibility:**

Middle tier On-Call Rota (Dartford)

**Job Outline:**

This is a Higher Speciality Trainee post in a community setting based at Dartford Gravesend Swanley Community Mental Health Team (DGS CMHT) at Arndale House Dartford where the post holder will provide medical input to the community mental health team for patients aged 18 – 65 with severe and enduring mental illness, with recovery being the main focus.

* The main roles and responsibilities of the ST4-6 / Higher Specialist Trainee (Higher Trainee) will be as an active member of DGS Community Mental Health Team which serves the population of this area. This higher specialty post will be linked to the Swanley area and will be the higher trainee to Dr Valsraj.
* It is expected that the Higher Trainee would provide a vital role in the medical/psychiatric assessments and management of the patients referred to the team and will support other members of the Multidisciplinary Team.
* The clinical work entails weekly (about 3) Out-Patient Clinics for both new and follow up patients, urgent assessments either at base or in the community, providing input and support for routine and urgent, including MHA related work which will include MHA assessments in the community. The higher trainee will also gain experience with multiagency working and have to attend professionals meetings and other relevant interagency meetings
* The trainee will be expected to complete mental health act managers and tribunal reports and attend hearings to present medical evidence for the Tribunal and Managers hearing
* The trainee has to liaise with the teams in the care pathway for our patients and liaise with the relevant inpatient, crisis resolution and other teams both internal and external to the trust.
* The team members take an active role in liaison with the Trust’s Acute and other Community services and there is a great emphasis on proactive engagement with the Primary Care / Primary Care Networks/GPs in the area. This is an exciting time of change with the community mental health transformation and the higher trainee will have opportunities to be part of transformation and change management enabling leadership development.
* The Higher Trainee doctor also attends the daily Red Board meetings, triage meeting, the weekly MDT – Multi-Disciplinary Team meeting with Psychology, Business meetings, Referrals and Assessment Feedback meetings and the monthly Risk Forum for complex case discussions.
* The Higher Trainee is also expected to provide support for junior doctors or medical students based with the team. There will be opportunity for developing teaching and supervising skills
* The trainee will have ample opportunities to liaise with patients and carers and will be encouraged to offer innovative support to our patients and carers.
* The trainee will be based at Arndale House where office space (or hot desking), IT and administrative support and admin services are provided.
* There is no routine ward work associated with this post, but there will be active liaison with our Acute Service colleagues at different sites in Hospital mainly Priority house (Maidstone), Littlebrook hospitals (Dartford) and St Martins Hospitals (Canterbury) as our patients could be admitted to any of the wards.
* The trainee will be encouraged and supported to undertake research, Quality Improvement and Patient Safety projects
* This post offers the unique opportunity for leadership development and shadowing the clinical supervisor in his role as the Deputy Chief Medical Officer

***Academic Activities:***

* The Higher Trainee will be expected to take an active part in the weekly in-house academic activities (case presentations, journal clubs, and teaching sessions) and junior doctors induction programme.
* There is also an additional opportunity for providing regular and formal teaching to medical student(s) as well as students on work placements and clinical attachments.
* It is expected that the trainee will lead on a clinical audit project, QI project and be actively involved in management and service development.
* There is also the opportunity to get involved in medical education management/research.
* There are opportunities for teaching medical students both from King’s College and Kent and Medway Medical Schools.

***Supervision:***

* *Clinical Supervision*: 1 hour dedicated weekly as part of the training requirement.

Ad hoc clinical supervision is available daily from the supervisor Dr Valsraj or the other consultants in the team

The clinical/educational supervisor Dr Valsraj is easily accessible for support

**Objectives of the Placement:**

* Further development of Core Skills to a higher level and developing skills and expertise across all domains clinical, research, teaching, leadership
* To further develop skills in assessment, diagnosis and management of functional and organic psychiatric conditions.
* To enhance skills in multi disciplinary and interagency working
* To develop knowledge of the common and rare mental disorders including aetiology, assessment, investigation, biological treatments, psycho-social interventions and risk assessment and management.
* To develop knowledge and skills in regard to the assessment of mental capacity and the Mental Capacity: Experience in assessment, formulation and diagnosis in common and complex secondary care community mental health presentations; routine and urgent.
* Experience in providing care encompassing the bio-psycho-social-cultural framework with emphasis on prescribing and liaison with community and liaison colleagues.
* Risk assessment, including positive risks in community setting
* To conduct clinically relevant audit and supervise other trainees with audit.
* Other objectives / training needs may be incorporated into the job plan, according to the individual needs at the start of the placement
* There will be varied opportunities to develop leadership and management experience

**Education and Training:**

* Individual supervision will be provided by the Clinical Supervisor who will provide clinical supervision for one hour every week. Ad hoc supervision about clinical matters will happen outside of this, for instance discussing a patient, but is not a substitute for protected teaching time.
* Experience in the assessment clinical management of psychiatric emergencies is provided by on-call commitments.
* The local academic CPD teaching programme for Higher Trainees and Consultants nd Higher Trainees are encouraged to contribute by chairing trainee journal club and topic presentations and discussions thereafter.
* Higher Trainees are also encouraged to contribute to the induction of Foundation and GP doctors on rotation to Psychiatry, and assist with the training and development of Core trainees.
* Other teaching opportunities include participation in the wider Higher Trainee training programme and team educational activities.
* Higher Trainees are encouraged to attend and shadow relevant management meetings with the consultant clinical supervisor
* Higher Trainees are invited to look at a variety of special interest options that are available
* Higher Trainees are required to complete at least one audit in their area of practice and are encouraged to supervise trainees with audit.
* Study Leave is available within HEKSS Guidelines.

**Research and Quality Improvement:**

Research opportunities are available under the supervision of the Trust’s R and D Team. There is a higher trainee research group and can join this group

**Emergencies:**

• The higher trainee accepts that he / she will also perform duties in occasional emergencies and unforeseen circumstances at the request of the consultant in consultation, where practicable, with his colleagues, both senior and junior. Additional commitments are exceptions and juniors should not be required to undertake work of this kind for prolonged periods on a regular basis. The job description includes cover of normal annual and study leave of colleagues for whom the practitioner is expected to deputise during the normal run of his / her duties.

• This proposed timetable is a guide and can be flexible according to trainee’s needs and working arrangements.

**Higher Trainee Timetable (Indicative)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Day | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | 900-9.30  RED board mtg  9.30-10.30  Referral/Triage Meeting  10.30-13.30  OPA clinic | Special interest day (negotiable) | 900-9.30  RED board mtg  9.30- 1300  MDT meeting/  Referral Meeting  12-1.00pm  Risk Forum (2nd week) | 900-9.30  RED board mtg  9.30-10.30  Referral Meeting.  10.30- 13.30  OPA clinic | 900-9.30  RED board mtg  9.30-10.30  Referral Meeting  10.30-13.30  OPA clinic |
| PM | Admin work up of all new assessments | Special interest day (negotiable) | 14:00 to 15:00  Urgent assessments  15:00-16:00  ST4-6 supervision with consultant supervisor | CPD | 13.30 – 17.00 Admin time. |

**Consultant Timetable**

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| Day | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | DCMO Duties | 0900-1000 – supervision of LAS Trainee  1000-1100 – Team Discussions/Pharmacy  1100 -1300 – Patient Reviews/Tribunal Hearings | 0900-0930  Medical student Teaching  9.30- 1100  Urgent patient review  1100-1400  MDT Meeting  Risk Forum (once a month) | DCMO Duties | DCMO Duties |
| PM | DCMO Duties | Home Visits/Urgent MHA Assessments | 14:00 to 15:00  GP Trainee/ CT1-3 Supervision  15:00-16:00  ST 4-6 supervision.    Admin | Consultant CPD  SPA | DCMO Duties |