

**KENT, SUSSEX & SURREY
HIGHER PSYCHIATRIC TRAINING SCHEME**

TRAINING JOB DESCRIPTION

Post: ST4-6 General Adult Psychiatry

Clinical Supervisor/Trainer: Dr Mudasir Firdosi

Location: Upnor Ward, Priority House, Hermitage Lane, Maidstone, Kent

Service Line: Acute Care Directorate

**Main Speciality Commitment
Of Trainer** General Adult Psychiatry

**Other Specialty Commitment
Of Trainer** Clinical Director, Quality Improvement

Trust: Kent and Medway NHS and Social Care Partnership Trust

DESCRIPTION OF THE SERVICE

In-patient Ward (Upnor Ward, Priority House)

Upnor Ward is an 18 bedded female only acute psychiatric ward that admits patients from anywhere from Kent. The Multi-Disciplinary Team (MDT) delivers compassionate, consistent and empathetic care within an acute environment to address complex needs and risks in a comprehensive and methodical manner.

The aim of the unit is to provide a multi-disciplinary assessment and treatment using a range of therapeutic interventions within a safe and secure environment. The goal is to achieve stability in the least restrictive environment possible and for safe discharge back into the community.

Inpatient Team

Consultant Psychiatrist

Consultant Nurse RC

Ward manager

Core trainee in psychiatry

FY2 Trainees

GPST Trainees

MDT of nurses, OTs, psychologists, pharmacists, peer support workers and other allied professionals.

Placement

This placement offers ample exposure to management, quality improvement, audit and leadership activities. There is a possibility of gaining significant experience in Quality improvement under the supervision of Dr Firdosi who is also the KMPT clinical director of QI. In addition, there is opportunity to work with a non-medical RC brining in another perspective and experience to the job in preparation to be a consultant psychiatrist.

Training Objectives

The training objectives will be formally agreed at the start of the post during clinical supervision. The objectives will reflect the requirements of the current Royal College Higher Specialist Psychiatric Curriculum, commensurate with Higher Training and any specific requirements arising from ARCP outcomes.

Roles and responsibilities:

- To participate in the Multi-disciplinary assessment and formulation of treatment plans for patients admitted on Upnor ward.
- To participate and contribute to weekly ward reviews of patients admitted to the Upnor ward.
- To work as part of the Multi-disciplinary Team, being available and accessible to provide input when appropriate
- To participate in regular clinical/ educational supervision with the Supervisor.
- To prepare medical reports for the Mental Health Review Tribunals and Mental Health Act Managers hearings and give evidence at tribunals.
- With the patient's consent, to ensure the involvement of families and carers, wherever possible, in treatment planning.
- To take prominent responsibility to ensure the physical health and safety of patients admitted to the Upnor Ward by supervising junior medical staff.
- To liaise with medical and surgical specialties, other agencies and CMHT colleagues as appropriate to deliver a high quality of patient care.
- To participate in clinical audit, Quality Improvement and research, as agreed with the Educational Supervisor.
- To participate in the on-call rota, covering out of hours responsibilities including weekends and Bank Holidays.
- To comply with the Trust's agreed policies and procedure and always to practice in line with the Royal College of Psychiatrist's "Good Psychiatric Practice" and the General Medical Council's "Good Medical Practice".

On Call Duty Rota

- The ST4-6 will participate in the West Kent Consultant On-Call Rota
- Whilst on call, the ST4-6 will be supervised by the designated on-call consultant and hold responsibility for the direct and remote supervision of the junior doctors on- call.
- The on-call will be non-residential but he/she is expected to be accessible on the phone and available to arrive at hospital promptly.
- The expected duties are supervising junior trainees' assessment of Section 136 patients, participating in MHA assessments, seclusion reviews, as well as managing difficult situations that are beyond the remit of the junior trainees.
- He/she will also be expected to undertake community and custody assessments

Academic Activities

1. The trainee has the opportunity to take part in the weekly CPD Sessions and the Lunchtime Academic programme.
2. There is opportunity to undertake teaching and training of Junior Doctors.
3. Trainee will have two Sessions a week to pursue Special Interest and research activities. The trainee will be actively encouraged and assisted to pursue a publication during this placement.

Management Activities

- There is opportunity to Lead a Quality Improvement/clinical audit, service evaluation or development project. The project undertaken can be facilitated by the involvement of Junior Doctors which allows the Trainee an opportunity to supervise them.
- Trainees will be encouraged to shadow the trainer in his role as Clinical Lead for West Kent. There will be a range of opportunities to gain management experience linked to this.

Educational/Clinical Supervision

One hour of weekly supervision will be provided by Dr Firdosi.

Clinical supervision (involving direct and close supervision or discussion) will be additionally provided, tailored to the competency level and experience of the trainee by Dr Firdosi. In the absence of the clinical supervisor this will be provided by the Consultant Nurse/covering consultant.

Tutorial Supervision

Higher Trainees within the Scheme will be meeting the KMPT Tutor, as advised, to ensure training objectives, progression within the assessment Programme (WPBA's) and completion of the Structured Assessments required for the ARCP.

Psychotherapy Training

There is no specific psychotherapy training for higher trainees in this post. However, trainees are encouraged to contact the psychotherapy department for further training or approach the clinical psychologist/psychotherapist attached to the team to discuss available options/opportunities. They are encouraged to actively participate in the weekly Balint group from 11-12 am every Thursday. There is a fortnightly reflective practice on the ward and Trainees would be encouraged to attend.

Library

A library is available at Kent and Canterbury Hospital and Maidstone Hospital. In addition, trainees will have access to the online Athens library and can register to use the library at the Post-graduate Academic Centre in Maidstone Hospital.

Quality Improvement / Audit

The ST will be supported to participate & complete QI/audit under the supervision of Dr Firdosi and may have the opportunity to supervise the development and delivery of QI/audit by junior trainees or non-medical colleagues.

Teaching and Training

Opportunities for the ST to gain experience of developing, delivering and evaluating teaching and training will be considered according to their specific needs.

In this post the higher trainee has opportunity of organising and delivering teaching sessions to junior trainees during the weekly Thursday Journal Club. Additionally, lots of opportunities to link in with Kent and Medway Medical School (KMMS) for teaching and training of medical students.

Induction and Mandatory Training

All trainees are offered an induction programme at the start of the post. It is also a requirement to maintain necessary mandatory training including in areas such as breakaway, basic life support, CPA and Child Protection.

Time table:

This is a tentative guide for the week and can change depending on teaching and other commitments of the trainee. Timetable to be discussed and agreed with clinical supervisor on induction.

TRAINEE TIMETABLE (to be discussed and agreed)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M.	Ward reviews	CPA/ MHRTs/ Managers Hearing	Special interest/ Research	CPA/ MHRTs/ Managers Hearing	Complex case reviews, Admin time

1.00 – 2.00 p.m.	Academic programme				
P.M.	Ward reviews	CPA/ MHRTs/ Managers Hearing, Admin time	Special interest/ Research	CPD	Educational Supervision, Emergency assessments

FURTHER INFORMATION

Trainees are invited to contact Dr Firdosi on m.firdosi@nhs.net to arrange an informal visit to discuss the post and its training opportunities.