

Sent via email

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Dear [REDACTED]

Request for Information

I write further to your request FOI ID 48616 under the Freedom of Information Act 2000 regarding: -

Maternal Mental Health Services

Your request is set out below:

1. Does your ICB commission a maternal mental health service?
Yes
2. If yes to Question 1, does this service include access to specialist psychological support (1:1 therapies), for people with the following experiences:

Experience	Both parents	Mother/ birthing person only
Miscarriage, ectopic pregnancy and molar pregnancy	No	Yes
Termination of Pregnancy for Fetal Anomaly (ToPFA)	No	Yes
Stillbirth	No	Yes
Neonatal Death	No	Yes
Sudden Unexpected Death in Infancy (SUDI)	No	Yes

3. If yes to Question 1, what is the current composition of the clinical team:

Role	NHS Agenda for Change Banding	WTE
Consultant Clinical Psychologist 8c		1.0wte – for all Perinatal Services which includes MMHS

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Trust Chair – Dr Jackie Craissati
Chief Executive – Sheila Stenson

Clinical/ counselling psychologist 8b		0
Project manager		0
Clinical/ counselling psychologist		6.4wte
Art therapist		0
Specialist Mental Health practitioner		0
Mental Health Nurse		0
Specialist Midwife		2.4wte
Peer Support Worker		2.4wte
Assistant Psychologist		0
Project Officer		0
Administrator		1.2wte

4. If yes to Question 1, how long after the experience of pregnancy and baby loss are bereaved parents able to access the service?

- Up to one Year
- Up to two Years
- Indefinitely – parents can refer themselves at any time
- Other

The service does not accept Self-referrals however there is no time limit on accessing the service

5. If yes to Question 1, what was the average length of time bereaved parents waited to be seen by the service, following referral, in 2024 for:?

- a. Assessment

26 Days - (average number of days between referral start date and assessment date where the assessment took place between 01/01/2024 and 31/12/2024)

- b. Therapy

57 Days

(average number of days between referral start date and treatment date where the treatment took place between 01/01/2024 and 31/12/2024)

6. If yes to Question 1, how long are parents able to access therapies from the maternal mental health service?

- Up to 6 weeks
- Between 6 and 12 weeks
- Between 12 and 24 weeks
- Indefinitely – for as long as therapy is needed
- Other (please state)

7. Do you commission any other specialist psychological therapy service, separately from Maternal Mental Health Services, for bereaved parents who have had the following experiences?

Experience	Both parents	Mother only	Father or partner
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			only
Miscarriage, ectopic pregnancy and molar pregnancy	No	No	No
Termination of Pregnancy for Fetal Anomaly (ToPFA)	No	No	No
Stillbirth	No	No	No
Neonatal Death	No	No	No
Sudden Unexpected Death in Infancy (SUDI)	No	No	No

8. If yes, what service do you commission?

N/A

9. Do you hold any more information on psychological support for parents who have experienced pregnancy or baby loss that maybe useful in helping us to understand the services they can access in your area? (Free text)

No

I confirm that the information above completes your request under the Freedom of Information Act 2000. I am also pleased to confirm that no charge will be made for this request.

If you have any questions or concerns or are unhappy with the response provided or the service you have received you can write to the Head of Information Governance at the address on top of this letter. If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision.

Yours Sincerely

On Behalf of
The Information Governance Department