



**Kent and Medway**  
NHS and Social Care Partnership Trust

Information Governance & Records Management Department

1<sup>st</sup> Floor  
Magnitude House  
New Hythe Lane  
Aylesford  
Kent  
ME20 6WT

Tel: 01795 514525

Email: [kmpt.infoaccess@nhs.net](mailto:kmpt.infoaccess@nhs.net)  
Website: [www.kmpt.nhs.uk](http://www.kmpt.nhs.uk)

Sent via email

Dear [REDACTED]

### **Request for Information**

I write further to your request FOI ID 47449 under the Freedom of Information Act 2000 regarding: -

Restraint Related Policies/Procedures for people with Learning Disabilities

Your request is set out below:

#### **Request 1.**

Following a previous FOI for 'restraint policies', please provide any adaptations of restraint-related policies, or procedures, for people with learning disabilities, e.g. easy read guidance. We are particularly interested in sourcing good practice in how people with learning disabilities are supported when they come into NHS mental health units.

**Please find attached a copy of the following documents –**

**Restrictive Practice Policy**  
**Restrictive Practices Easy Read Leaflet**  
**Use of Force Leaflet**

#### **Request 2.**

Please could you list the 'mental health units' as defined above, which provide treatment to people with learning disabilities, either exclusively, or as part of wider adult services.

#### **Brookfield and Tarentfort for Low Secure Services**

I confirm that the information above completes your request under the Freedom of Information Act 2000. I am also pleased to confirm that no charge will be made for this request.

If you have any questions or concerns or are unhappy with the response provided or the service you have received you can write to the Head of Information Governance at the address on top of this letter. If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision.

**We are proud to be smoke free**

Trust Chair – Dr Jackie Craissati  
Chief Executive – Sheila Stenson

Yours Sincerely

On Behalf of  
The Information Governance Department