



Kent and Medway
NHS and Social Care Partnership Trust

Information Governance & Records Management Department

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Dear [REDACTED]

Request for Information

I write further to your request FOI ID 48553 under the Freedom of Information Act 2000 regarding: -

Perinatal Mental Health Inequalities

Your request is set out below:

The maternity & neonatal regional team are keen to scope what work is being done around inequalities within the region. As part of this work, I would be grateful if you could please:-

Let me know what is happening within perinatal mental health in this area (both MMHS and specialised PNMH)?

- **PMHCS (including MMHS) and Rosewood Mother and Baby Unit have both just been awarded Perinatal Quality Network (PQN) accreditation by the Royal College of Psychiatrists.**
- **MMHS (locally known as Thrive) is available Kent Wide**
- **PMHCS and MBU have a fully staffed peer support network**
- **Ongoing perinatal specific training undertaken by our clinicians (Winchester, First Steps, Simulation Training, Baby Massage, Gro Brian, Circle of Security & Understanding Diverse Motherhood etc)**
- **Staff mandatory training includes equality and diversity and Autism Training**
- **We have identified Cultural Inclusion Ambassador's (CIA across PMHCS (including MMHS)**
- **Digital innovations are underway to make accessing the service easier with a trauma informed care approach**
- **We have revised our appointment letters to be inclusive and more trauma informed**
- **We have a perinatal mental health service specific Equality, Diversity and Inclusion Action Plan which is ongoing and reviewed regularly**
- **We have a lived experience forum, inviting former patients to be involved in improving all of KMPT's PNMH services**

How you are currently capturing women's experiences of PNMH services and for what geographic areas.?

We are proud to be smoke free

Trust Chair – Dr Jackie Craissati
Chief Executive – Sheila Stenson

- We are capturing feedback in the form of surveys given at initial assessment and discharge appointments – This is across Kent & Medway.
- We produce Projects on a Page (POAP's) at the end of each quarter capturing any recommendations for improvement based on the women's feedback that we receive
- We have a 'You Said, We Did' approach following patient feedback
- Feedback is shared with our Commissioners via a quarterly performance and quality report
- Feedback is shared via the PMHCS/MMHS/MBU local Clinical Governance Business Meeting

Are you recording your service users' demographics (ethnicity etc.) and if so, how is this used?

- Yes, we collate ethnicity, marital status, veteran status, disability info, religion etc.
- We can use this data to support training within the team.
- This data is collected on referral and initial assessment and is recorded on our electronic system, Rio.
- We use this data to review our service delivery offer and equity of access across all our perinatal services and this helps inform our EDI action plan
- Our Perinatal Consultant Psychiatrists completed a QIP for Improving equity of access for women admitted to a psychiatric MBU – attached a summary.

It would be great if you could share any forms/ questionnaires you might be using or reports that discuss this aspect.

Please find attached the current survey that we are using currently to capture patient feedback.

I confirm that the information above completes your request under the Freedom of Information Act 2000. I am also pleased to confirm that no charge will be made for this request.

If you have any questions or concerns or are unhappy with the response provided or the service you have received you can write to the Head of Information Governance at the address on top of this letter. If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision.

Yours Sincerely

On Behalf of
The Information Governance Department