**CORE TRAINEE JOB DESCRIPTION**

**Job Title:**

CT grade – General Adult Psychiatry Community

**Educational / Clinical Supervisor:**

Dr Shivaram Chikkatagaiah Consultant Psychiatrist and Clinical Lead for Swale CMHT.

**Base:**

Swale Community Mental Health Team

Sittingbourne Memorial Hospital, Bell road, Sittingbourne, Kent, ME10 4DT

**Hours of Work:**

Monday to Friday 9am to 5pm, plus on-call rota commitments

**Job Outline:**

This is a Core Trainee post in a community setting based at Swale Community Mental Health Team in Sittingbourne where the post holder will provide psychiatric healthcare input in the community to patients aged 18 – 65 with severe and enduring mental illness, with recovery being the main focus.

* The main role and responsibilities of the Core Trainee will be as an active member of Swale Community Mental Health Team which serves the Sittingbourne and Isle of Sheppey area.
* It is expected that the Core Trainee would provide a vital role in the psychiatric assessment and management of the patients referred to the team and will support the other members of the Multidisciplinary Team.
* The clinical work entails weekly (about 3) Out-Patient Clinics for both new and follow up patients, urgent assessments either at base or in the community, providing assistance for routine and urgent, including MHA related work.
* The team members take an active role in liaison with the Trust’s Acute and other Community services and there is a great emphasis on proactive engagement with the Primary Care / GPs in the area.
* The Core Trainee doctor also attends the daily Red Board meetings, the weekly MDT – Multi-Disciplinary Team meeting with Psychology, the weekly Business meetings, Referrals and Assessment Feedback meetings and the monthly Risk Forum for complex case discussions.
* The Core Trainee is also expected to provide support for any junior doctors (GP trainees) or medical students based with the team.
* The trainee will be based in Sittingbourne Memorial Hospital where office space (or hot desking), IT and administrative support and admin services are provided.
* There is no routine ward work associated with this post, but if the trainee was interested this could be looked into by liaising with our Acute Service colleagues at different sites in Hospital mainly Priority house (Maidstone), Littlebrook hospitals (Dartford) and St Martins Hospitals (Canterbury).

***Academic Activities:***

* The Core Trainee will be expected to take an active part in the weekly in-house academic activities (case presentations, journal clubs, and teaching sessions) and junior doctors induction programme.
* There is also an additional opportunity for providing regular and formal teaching to medical student(s) as well as Overseas Medical students.
* It is expected that the trainee will lead on a clinical audit project and be actively involved in management and service development.
* There is also the opportunity to get involved in medical education management/research.
* There would be more opportunities for teaching as the Kent and Medway Medical School opens in 2020.

***Supervision:***

* *Clinical Supervision*: 1 hour dedicated weekly as part of your training requirement.

Ad hoc clinical supervision is available daily from myself or the other consultants in the team.

**Objectives of Placements:**

* Further development of Core Skills to a higher level and, as an expert, serving as teacher and role model.
* To further develop skills in assessment, diagnosis and management of functional and organic psychiatric conditions.
* To enhance skills in cognitive examination.
* To develop knowledge of the common mental disorders including aetiology, assessment, investigation, biological treatments, psycho-social interventions and risk assessment and management.
* To develop knowledge and skills in regard to the assessment of mental capacity and the Mental Capacity: Experience in assessment, formulation and diagnosis in common and complex secondary care community mental health presentations; routine and urgent.
* Experience in providing bio-psycho-social management (as sole clinician under statement of care, or as part of a team in CPAs), with emphasis on prescribing and liaison with community and liaison colleagues.
* Risk assessment, including taking calculated, positive risks in an out-patient unit.
* To conduct one clinically relevant audit and supervise other trainees with audit.
* Other objectives / training needs may be incorporated into the job plan, according to the individual.
* Experience management opportunities.

**Research and Quality Improvement:**

Research opportunities are available under the supervision of the Trust’s Medical Lead for Research and Development.

**TIMETABLE = CORE TRAINEE**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| AM | RED board meeting  Clinic  Journal club | RED board meeting  Clinic | RED board meeting  MDT meetings/ Risk forum meetings | RED board meeting  (MRCPsych teaching all day) | RED board meeting  Clinic  Balint Group |
| PM | Clinic/ Admin work | Clinic/Admin | Supervision  e-portfolio work | MRCPsych  Teaching all day | Clinic/ Admin |