

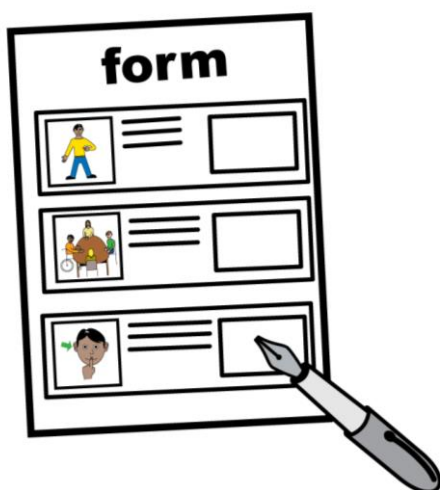
Why the NHS might ask for information about your identity and life



Why do we ask for information about you?

We want to make sure everyone can get mental health help.

To do this, we need to know more about the people we look after.



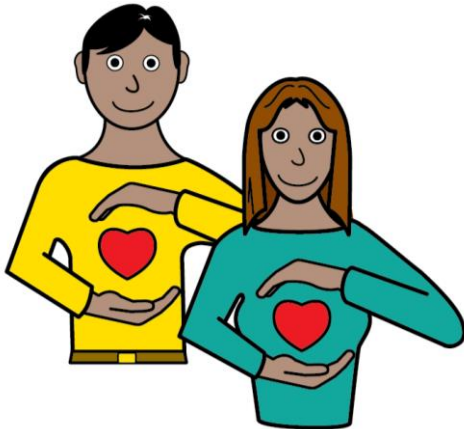
What kind of information do we ask for?

To help you, we might ask for information about your identity and life.

For example, we might ask what ethnicity you are.

Or we might ask if you have a disability.

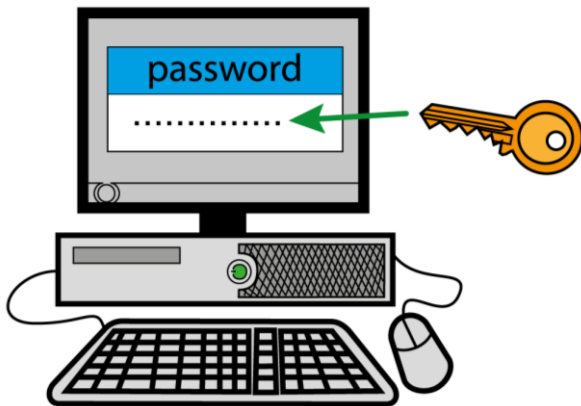
Why is this information important?



If we know more about you, we will know how to help you feel better.

This information can also help us improve care for everyone.

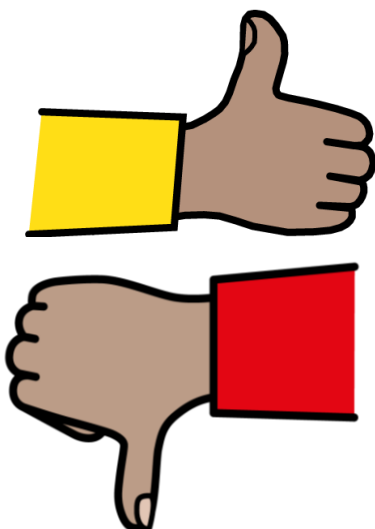
Is my information safe?



Yes! We take your privacy very seriously.

We have strict rules about who can see your information and how it can be used.

What if I don't want to tell you?



You can say yes. You can say no.

This will not change how we treat you.

Just tell your doctor if you don't want to share.